

## A Love Song

## By Laguna, a Much-loved Macaw

Representing all the winged children in the Supreme Master's household ~ Compiled by Jane

People call Her Supreme Master Ching Hai Because She comes from the Most High. But She is our loving Mom We winged children know Her by.

Her hair is like golden feathers,
Her voice chimes like a bird's.
When She sings us lullabies,
The music lifts us to the highest heavenly worlds.

She comes from a place full of light,
And She brings it to earth for our great delight.

Our house is full of love,
Lots of laughter, good food and sunshine from above.

She is the colors of the rainbow,

The fragrance of a flower.

She is the blessing rain,

The softness of the summer hour.

She is the universe we know so well,
Resting in Her bosom we will never fall.
How can we leave east, west, north and south?
She is them all!

And She is our Mom, above all!!!

## Biography of The Supreme Master Ching Hai

The Supreme Master Ching Hai was born in Central Au Lac (Vietnam). At the age of eighteen, Master Ching Hai moved to England to study, and then later to France and then Germany, where She worked for the Red Cross and married a German physician. After two years of happy marriage, with Her husband's blessings, She left Her marriage in pursuit of enlightenment, thus fulfilling an ideal that had been with Her since Her childhood. This began a time of arduous pilgrimages to many different countries that ended only when She met a perfect living Master in the Himalayas. Master Ching Hai received the divine transmission of the inner Light and Sound, which She later called the Quan Yin Method. After a period of diligent practice, She attained Perfect Enlightenment.

To satisfy the longing of sincere Truth seekers, the Supreme Master Ching Hai offers the Quan Yin Method of meditation to people of all nationalities, religions and cultural backgrounds. Her message of love and peace brings spiritual liberation and hope to people throughout the world, reminding all to uphold Truth, Virtue, and Beauty in life.

## Contents





In speaking of God or the Supreme Spirit, Master instructs us to use original non-sexist terms to avoid the argument about whether God is a She or a He.

She + He = Hes (as in Bless)

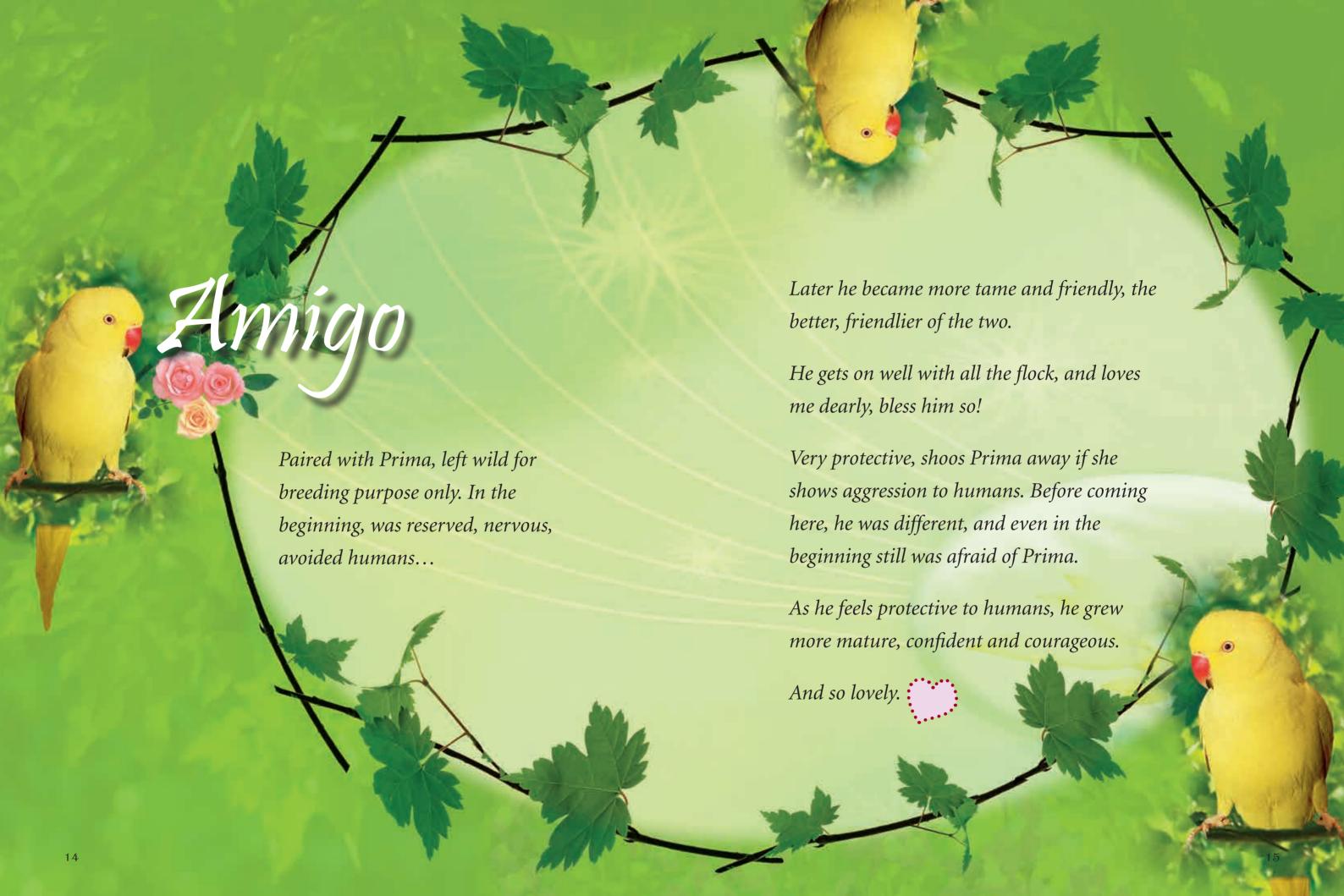
Her + Him = Hirm (as in Firm)

Hers + His = Hiers (as in Dear)

Example: When God wishes, Hes makes things happen according to Hiers will to suit Hirmself.

As a creator of artistic designs as well as a spiritual teacher, Supreme Master Ching Hai loves all expressions of inner beauty. It is for this reason that She refers to Vietnam as "Au Lac" and Taiwan as "Formosa." Au Lac is the ancient name of Vietnam and means "happiness." And the name Formosa, meaning "beautiful," reflects more completely the beauty of the island and its people. Master feels that using these names brings spiritual elevation and luck to the land and its phabitants.





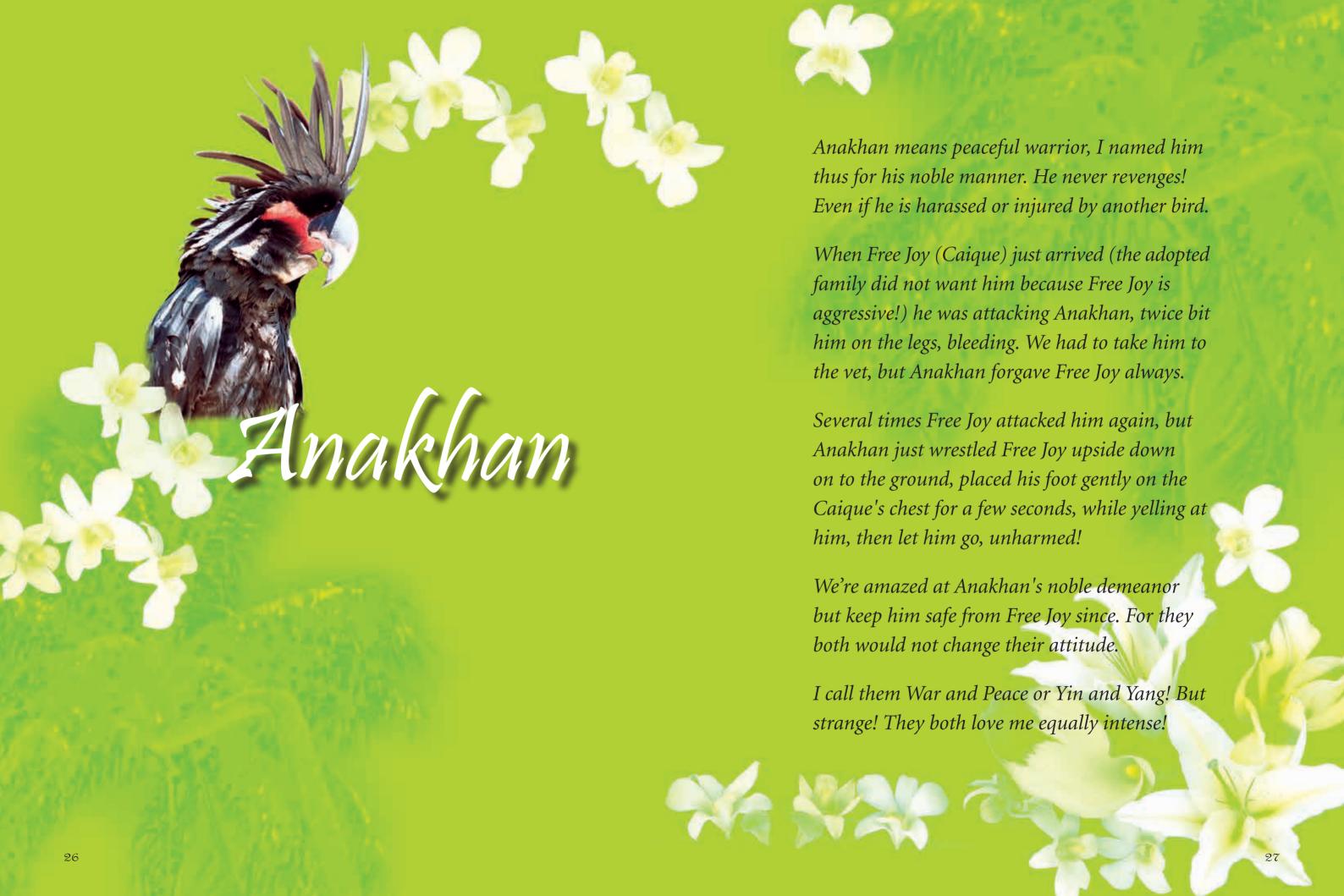


















like it much here See our tops are similar. When the wind ablowing Both our "feathers" Aflying! Quoa - Quoa! Mia – Mi – A! Flo-Rii-Da!

Do | want to speak
The complicado human language?
Of course my dear, | do | do!
But would you want to learn
To fly with me too?



I love you, I love you

But English is so...o difficult

Can we do some thing

like... more "cool"?

Can we use Quan-Yin language?
Which is more universal.

And chic!







Azure, girl of the sky, the color of soft space.

Loves me alone. Absolutely!

She could kiss me the whole day if let her.

For all her love for me, she wards off potential "rivals" zealously. None of the other similar sizes should venture near where she is!

But she's getting more mellowed with age! Good thing! For her petite size, she consumes lots of food! Can eat any thing, any time. One can observe her "stomach" round up like an egg below her throat.

She needs all the calories she can get to keep her body warm, as her belly is bared. One time long ago, I had to leave suddenly and due to regulation, could not bring her with me, nor could I return quickly to the place where she was. Out of sadness she plucked her feathers, and they didn't grow back.

Well! Finally, we are reunited, but she doesn't seem to want those feathers to regrow; she plucks them as soon as they appear, maybe to remind me never to leave her again! I am so sorry, love! You know how my life is, don't you?!!



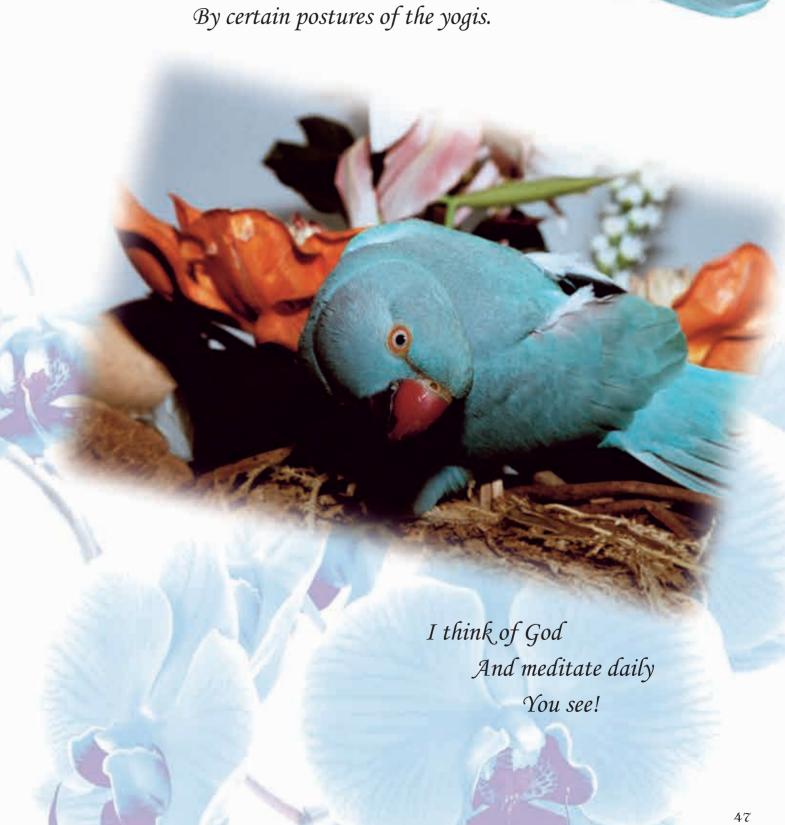
No need for your jealousy
Dear Silly Primi!
It will only make you
Less pretty.







God is the secret of my beauty!



I keep myself in good shape



.Or without jewelry













One day, I thought Luvy was a little lonely among those tiny birdies, so I took him for an outing.

We went shopping together in different pet shops for toys, food etc...

There were different pets and birds in those shops. Luvy paid no attention till he saw Brighty in a small cage. He immediately flew over from my hand, fluttering and climbing around her cage, talking and singing.

So I thought: This is it. Home she came with us. She was rather reserved and shy. Later I found out through

the vet that she was sick, and I got a share of that as well. Anyway, we both recovered, quickly. Luvy and Brighty became fast friends ever since.

But she's kind of a not too happy bird. So I named her Brighty, wishing her the better mood. And she changed, became more chattering, more enthusiastic and lively day by day. Thanks Heaven for that...

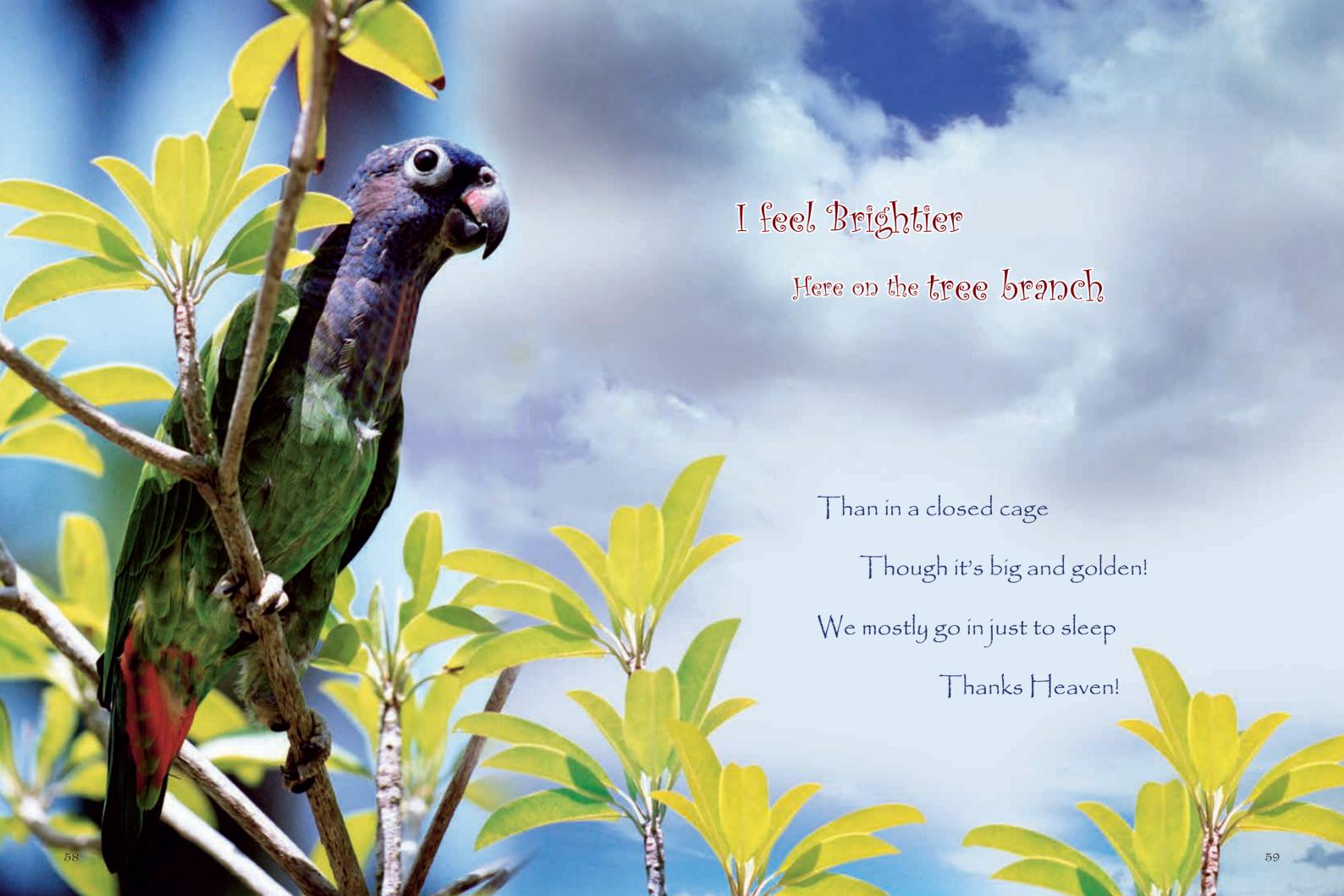
But she is also nicknamed "Cool beauty" for her distant nature. Luvy on the contrary, has a healthy attitude, is friendly and loving.

It's interesting to see, two almost identical birds of the same species behaving so differently, almost opposite of each other!

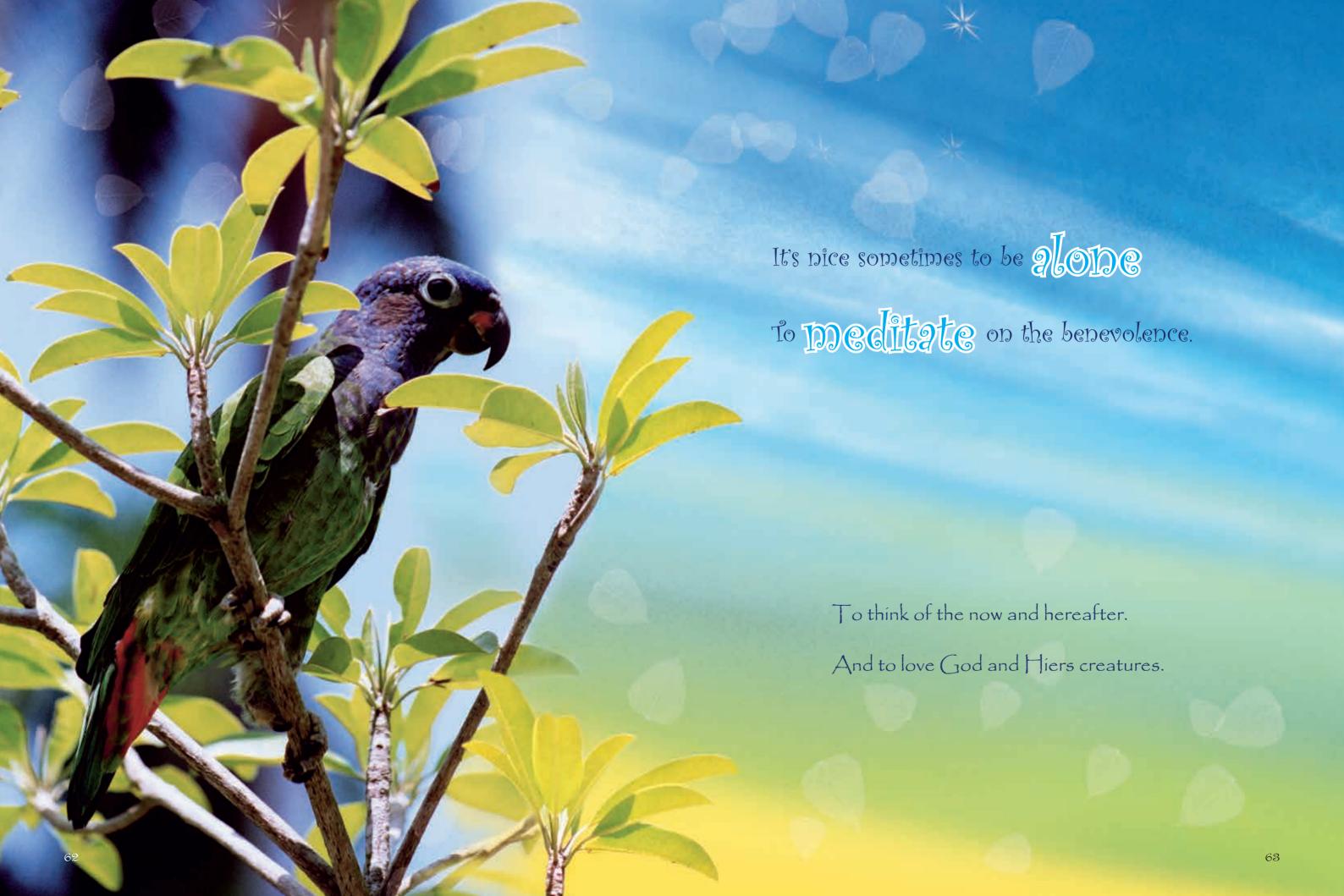
Who said like attracts like Some say opposites attract too!

















Cheery is a hawkhead, so called for the resemblance of the head of a hawk!

She was "too old" for sale, like some of my other birds. If not sold at certain age, they are doomed to spend the rest of their lives in tiny cages, just to make a shop look like plenty.

She was with another, they befriended each other till he was sold, left her behind, mourning for love lost. Heart broken!

I named her Cheery in the hope of cheering her up. She got better each day with TLC. She loves to lie on her back and let you play around, tickling her wings, scratching her tummy...

She didn't want to eat much, so I coaxed her with songs and spoon feeding.

Her mood lifted after some time. Time heals all wounds, they say!

She loves to "help me" clean up the dried leaves from the trees by chewing them off. Feeling proud doing her job every time!

I Love you so much!

God loves you!









Good morning Ma'am, Good morning sun.

Thanks for breakfast and loving concern!

I love God for every bit of nutrient







You meditate for both of us

I gotta finish working this nut!



(\*)Note: Nirvana = Heaven Samsara = Earth



## Free Joy

"Thou shalt not love any other bird beside me"

Free Joy was another unwanted bird. Too old to be sold. If a bird stays too long alone, he/she will find it difficult to get along with other birds or a mate.

Free Joy was an "angry-youngster" and distrusted men. But he adores women, and he loves me absolute! I can do anything with him, while he might bite any near comer male with no fear or reservation! Size never matters to him.

He loves doing acrobatics on my finger, turning himself 360° around it. He is ever so gentle with ladies.

He can hop and dance on command like a circus talent! He sings well too, and is a free spirit.

Originally I offered him as a partner to a lonely female Caique in a vet clinic. But he wanted nothing to do with her. So the vet returned him to me.

The moment he is on my hand and out of the vet's place, he let out a string of songs like pearls and waterfall; he was ecstatic with joy and showed a full tank of happiness.

I named him Free Joy on the spot. It's just so right for him. And he lives up to this name always. You never see a dull moment in him!

Such a darling of my heart; full of love for life and joy to live!



Thank You God

Thank You Heaven!

For Free Joy's first day home!

What a joy... and fun!

We all feel this's where he belongs!



Acrobic tat, acrobat tic

Upside down, inside out, I am blissed!



As long as I am with you

There's nothing I wouldn't do!



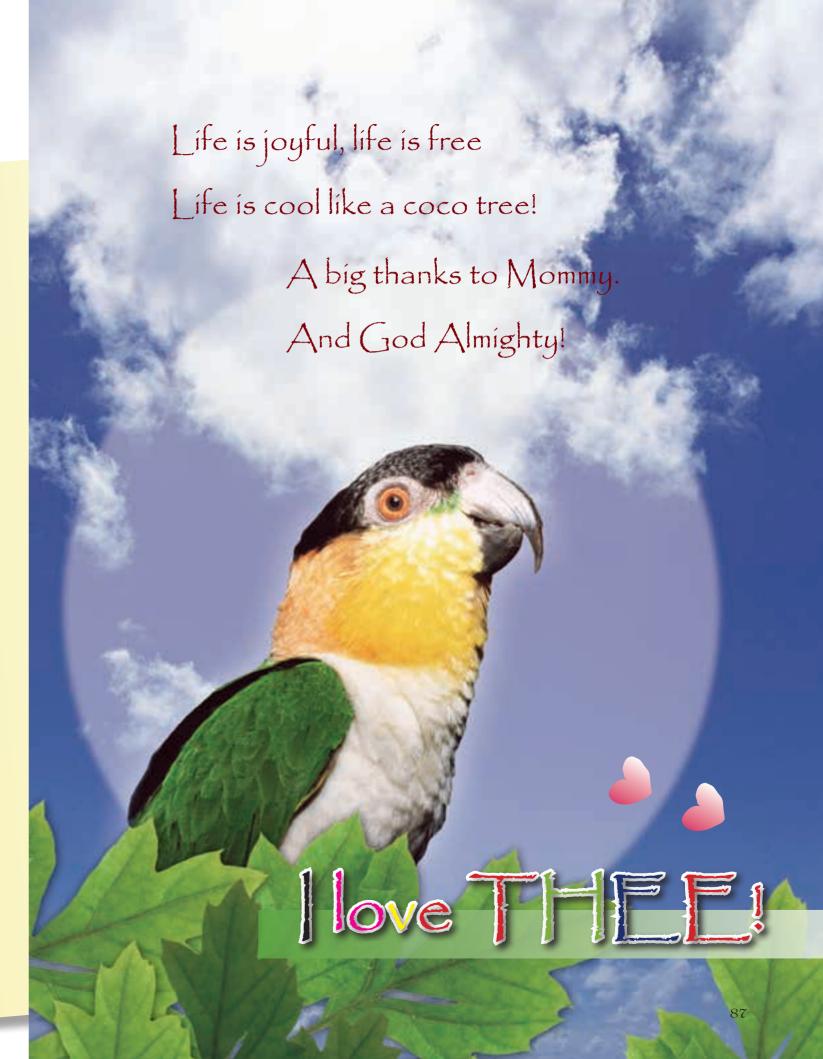
See the difference between fotos?
This one has leaves on it.



And on this one: no!

ate them all!

Just to see Meaven better)





Gentino is a Molucan cockatoo, the type of bird that is associated with loyalty and lifetime devotion to the human companion.

I got to know him when he was already 20 years old. But he's ever energetic and young! He talks to you, to himself, he sings, he dances.

He was a little sad when the "ex" handed him over to me, but quickly got over it and came to love me dearly. As he knows he's not wanted anymore!

When I brought him back to his previous care taker, he shied away from him and ran back into my arms, snuggled his head onto my bosom, showing affection to me more than ever before that day!

Whenever my car comes home, no matter how late, he is the first one to say, "Hallo," "How are you," "I love you," "Come here."

One time when he misbehaved, I reprimanded him seriously, he looked down to the floor and said, "I am sorry" clearly! But that's the only time he said it.

He loves to be in my company and ignores other birds. But he loves dogs. He loves to preen and groom them, especially the long-haired ones. He will chase after them, cooing, "Come here, wou wou, good boy, good boy"... and the dogs are scared of him, even the big dogs like Hermit and Goody. Because he would stand on top of them and "comb" their hair, and of course if they move their hair gets pulled. It hurts, I guess. (You can try to see how it feels like!)

Otherwise, he would want to kiss them, and it's not a soft beak that he has!

He also likes to watch the dogs fooling around and say, "Ha ha, it's funny!" (I did not teach him all this.) There is no end to his antics, ever.

He has a very special place in my heart always. Dearest baby love Gentino of mein...

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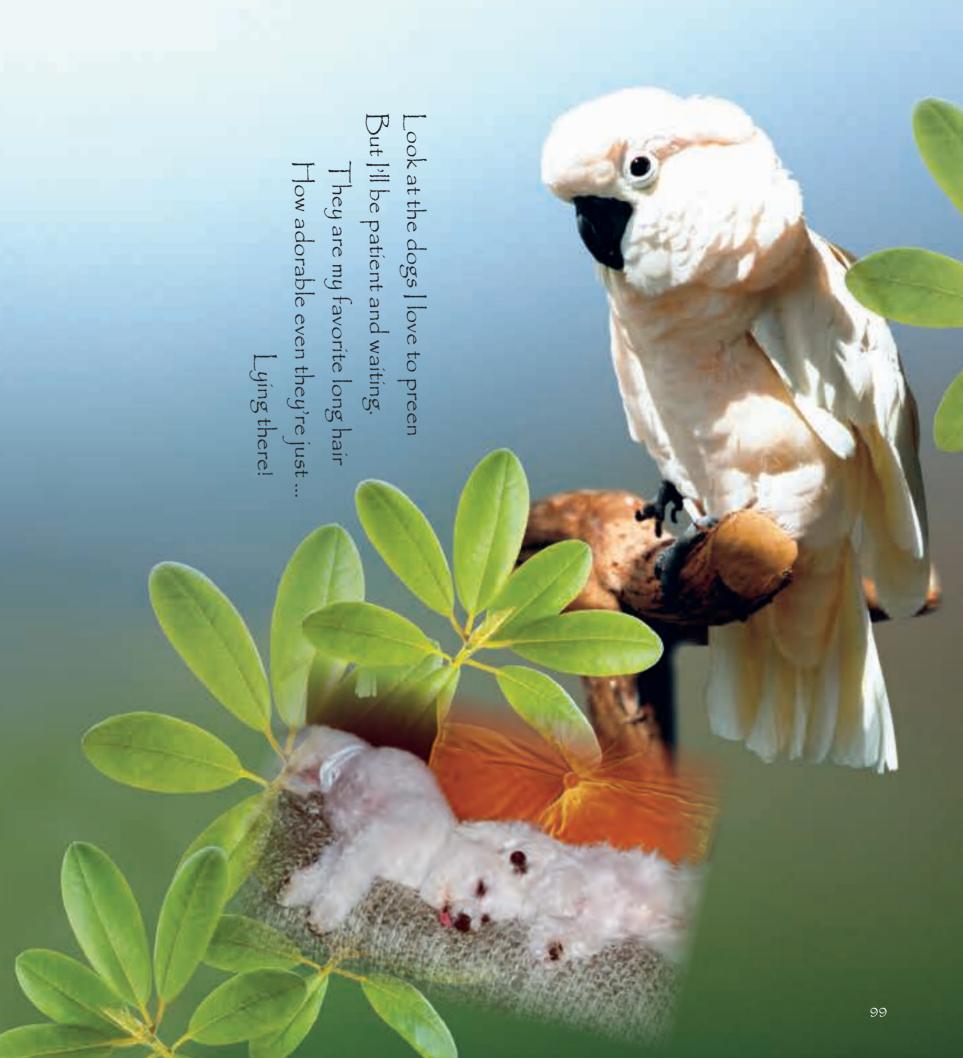


No, no, no! It is not me

Don't you know | am so pretty?

Even though he came here before | am top bird, and | am adored!

(Shz! Don't tell this to Mirabeau!)







Why bother with him and Mirabeau

I am right here as if you don't know

If I were you, I'd put them down

And come hurried to me... right now!



There, there, ok that feather there
It bugs me much cos it's so hard
I really love your tender touch
Appreciate your care ever so much
If there's Heaven some where above
I pray God let me be with you, love!

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Kadula is a beautiful scarlet. So affectionate and sensitive and loyal. I love this girl so much for her heart as much as her beauty.

She is another case of depression through sudden separation! She was together with a male scarlet, then he was sold. Leaving her alone and sad.

But she was trying to adjust while in my house.

Then she recovered and showed signs of happiness.

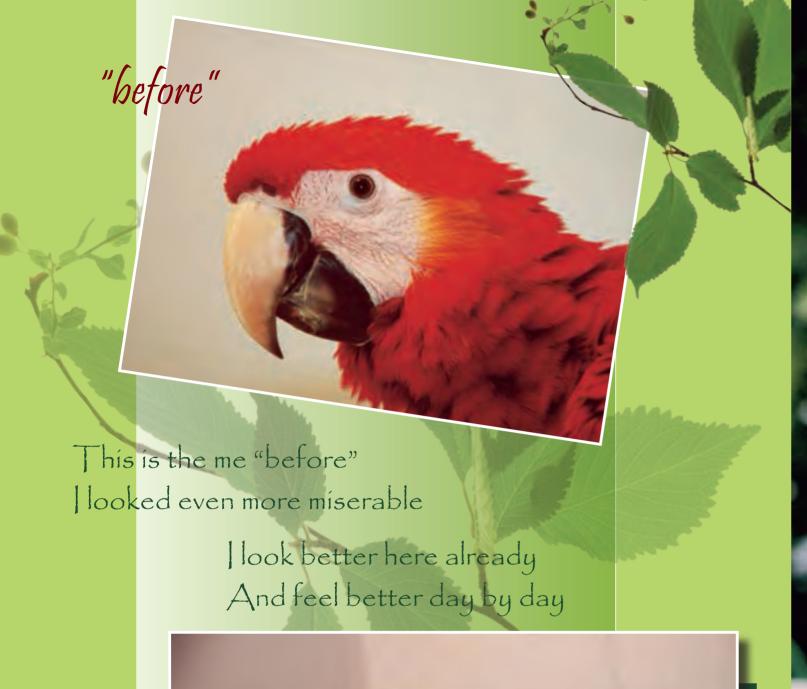
When she first came into my car to go home, she seemed to pick herself up and sing "la la la la" all the way home.

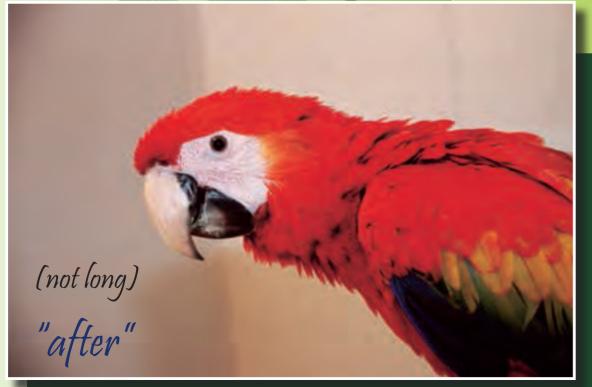
But still, it takes long time for her to be her normal happy self.

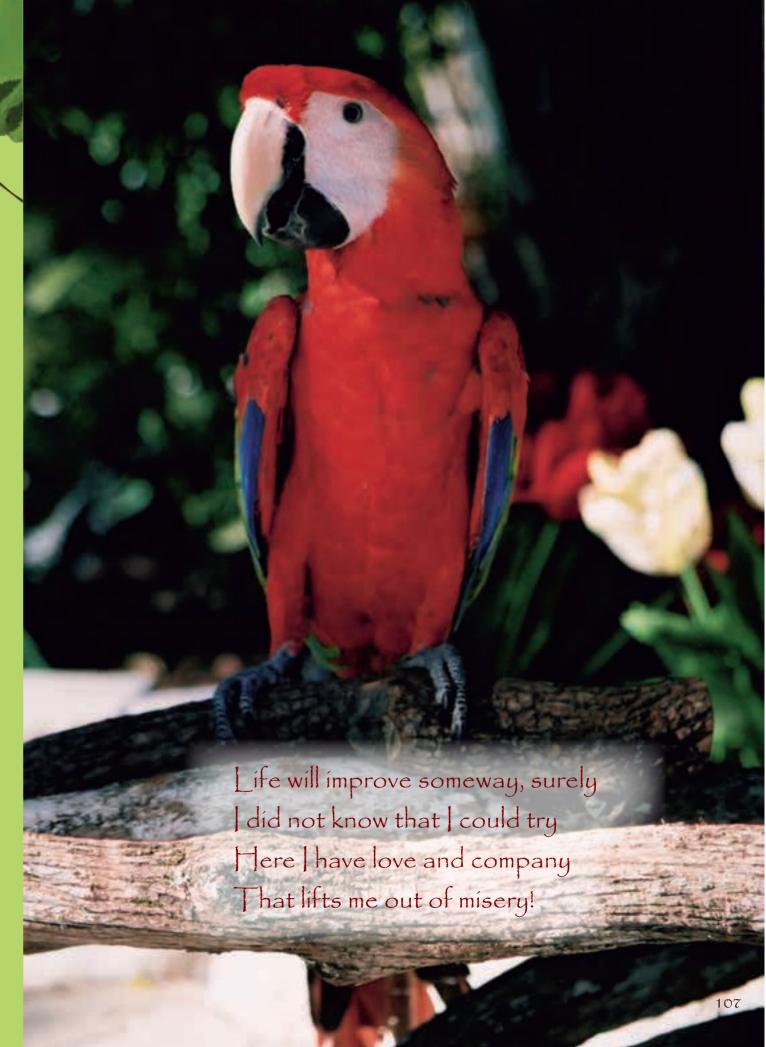
I wish we could all understand others like birds, and treat them as we would ourselves... They are so sensitive in their emotional relationships, and in the atmosphere they are surrounded with.

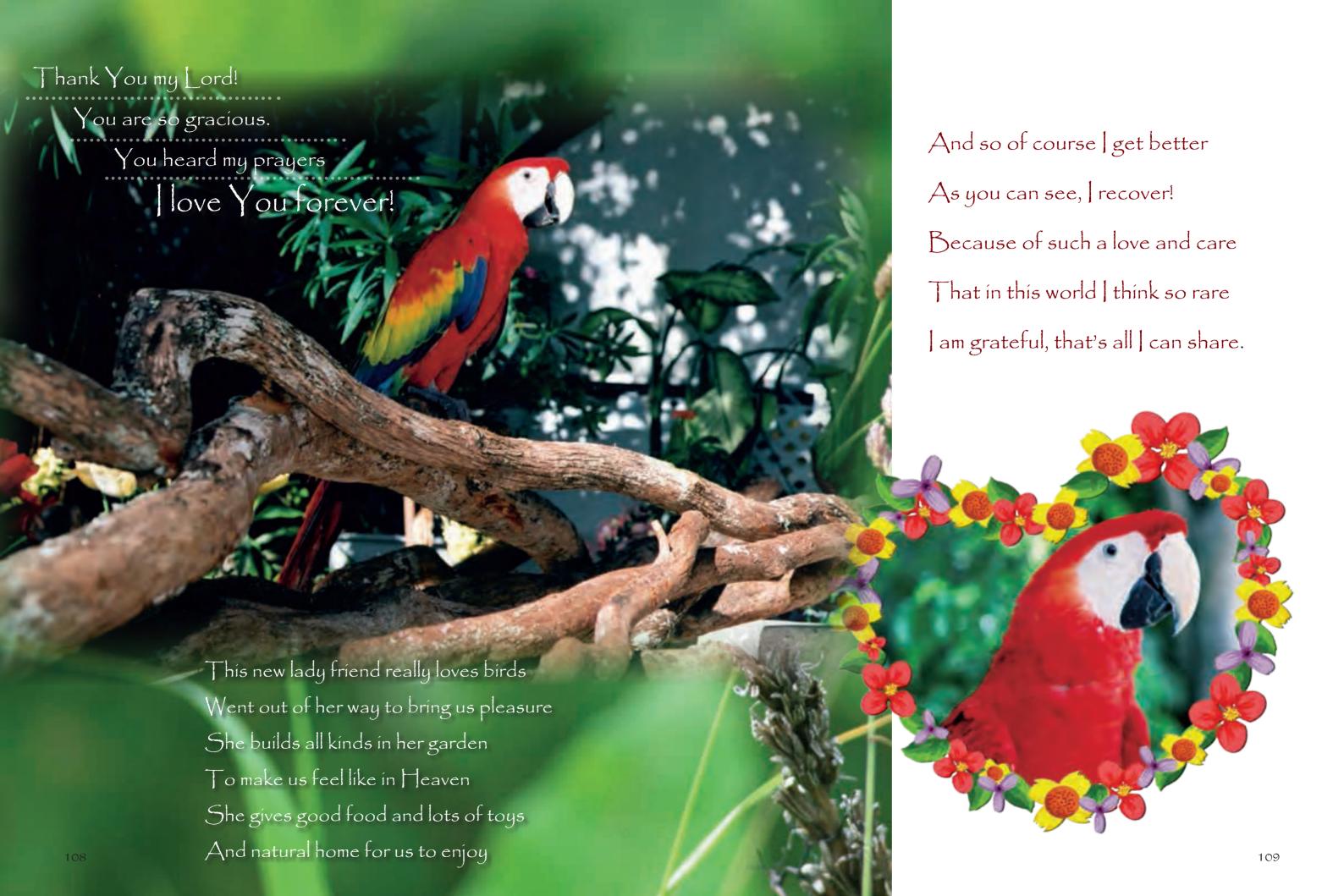
Their companion and friends mean a lot to them, sometimes as life itself, their loyalty is so incredible! They suffer loss and sorrow much like we do.

All who have birds should consider their feeling and have respect for their dignity and love.











Tell me Sunny, is that somebody, me? l also líke you so...o a lot...lot After - you know - the Lord our God





Named for her beautiful color of mysterious deep water.

But she is anything but mysterious. She plays with humans (not all) laughs and talks a lot. She is like an open book. If she's not pleased, you can't get her out onto your hand. If she's happy she lies on her back at the bottom of the cage, playing with her tail, singing all the while! And she knows who is who!

She makes big conversation, which sounds like human (learnt from television). Now and again you can make out some words: "OK, now get over it, I don't like you, well how are you, I love you, Laguna, Laguna... where are you going," etc.

She amuses herself a lot and is no trouble. Except if she gets to the top of her cage. She doesn't want to come down!

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She'll push anything (and you) away with her beak and run around goose chase with you; only new, colorful food can lure her back in, after a considerable long time playing hard to get.

But she loves and respects me so much; she even told one bird communicator that I'm a very special lady, should be highly revered!

She also loves to cuddle in my arm or lie on her back so I stroke her belly. She can eat up any cage that is not as thick as the size of a metal stick you use for BBQ. She can even twist them around into a tight spiral shape, wrapped around the other edge of the cage like a lock, that pliers must be used to open the door to get her out or for feeding, cleaning. Those metal wires are thick enough for you to find it not easy to cut through with metal cutters. But she can break them with her beak!!!

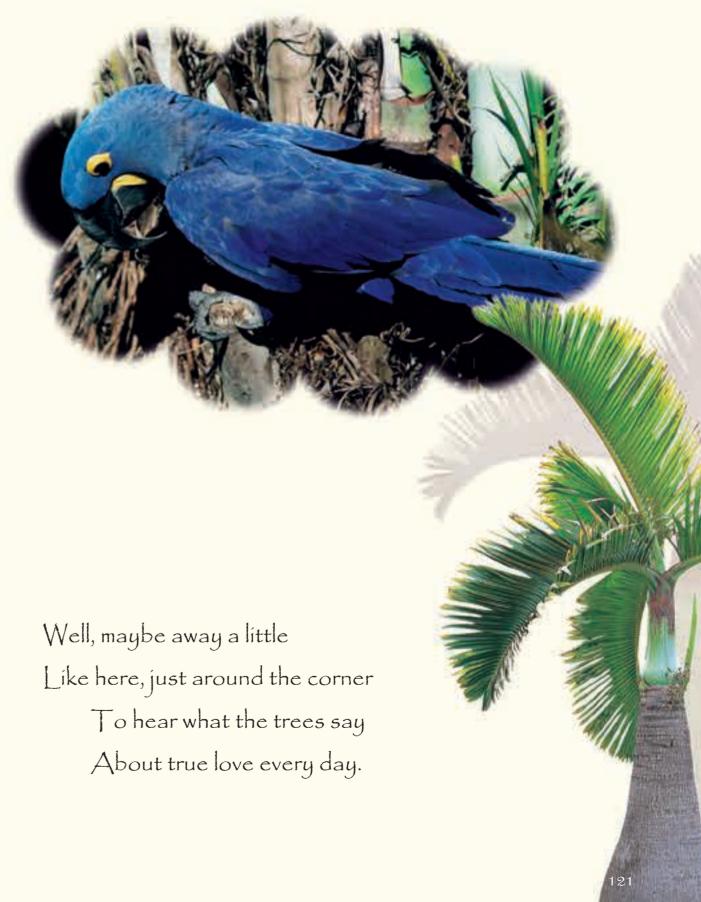
It's good that she's friendly with humans and other pets! She loves all nuts, and is addicted to melon, apples and mango. She chews wood like you chew bread. Such a strong jaw, and strong personality.

But I adore her and she loves me.



















Libra

A Hybrid macaw, his temperament is also "Hy Brid." Sometimes he's sweet, other times a little tough. But deep down he's a "Good Boy."

I named him Libra to "balance" him.

When he first came, also a little too old to sell, but he adjusted well. He kissed me the first time home(!!!)

He loves to buddy with everyone. But he comes on too strong, so they detour themselves away from him.

Only Sunny stayed on. Being a good natured, happy go lucky whatever type, Sunny gets on with everyone. Live and let live alike.

So they became fast friends, and Libra adores Sunny and thus settled down with the flock quickly.

Despite his rough style, he is very good at heart, sentimental and sensitive.

One day I had to leave, not knowing when I will ever return nor whether I will be able to bring them to me later. I wasn't even sure where I will be. So I went to each of them tearfully saying goodbye. Telling them how sorry I am to leave suddenly this way.

Libra, normally cool and not showing emotion, suddenly grabbed me before I even reached his cage and tilted his head on my arm when I came next to him, "kiss kiss" me gently, rubbing his head on to me, then looked up into my eyes "saying" it's OK, it's going to be OK. I love you. I will miss you. But don't worry, you will see us again.

Well, that made me cry more like a baby! So much love I felt from that tough but small frame of a wonder being!

I thanked Heaven for such a marvel of creation and feel so privileged to understand someone who is not human, but who is so beautiful inside out.

If you have pets, try to "listen"; they will lead you into their world, guarded secretly since the beginning of creation!



I like her cos she's genuine She's unconditional and loving.

She let me be and I'm happy
Besides, I love being among trees
Like Buddha under the Bodhi.

Hi there world! Nice to be here.

I have naught to loose nor to fear

Where I came from I was alone

It's a good thing: to learn detachment.



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And thanks to this lovely lady
You are in my heart through eternity
I offer my "hand" in lasting friendship
My love, I am all yours to keep!
Hip Hip!



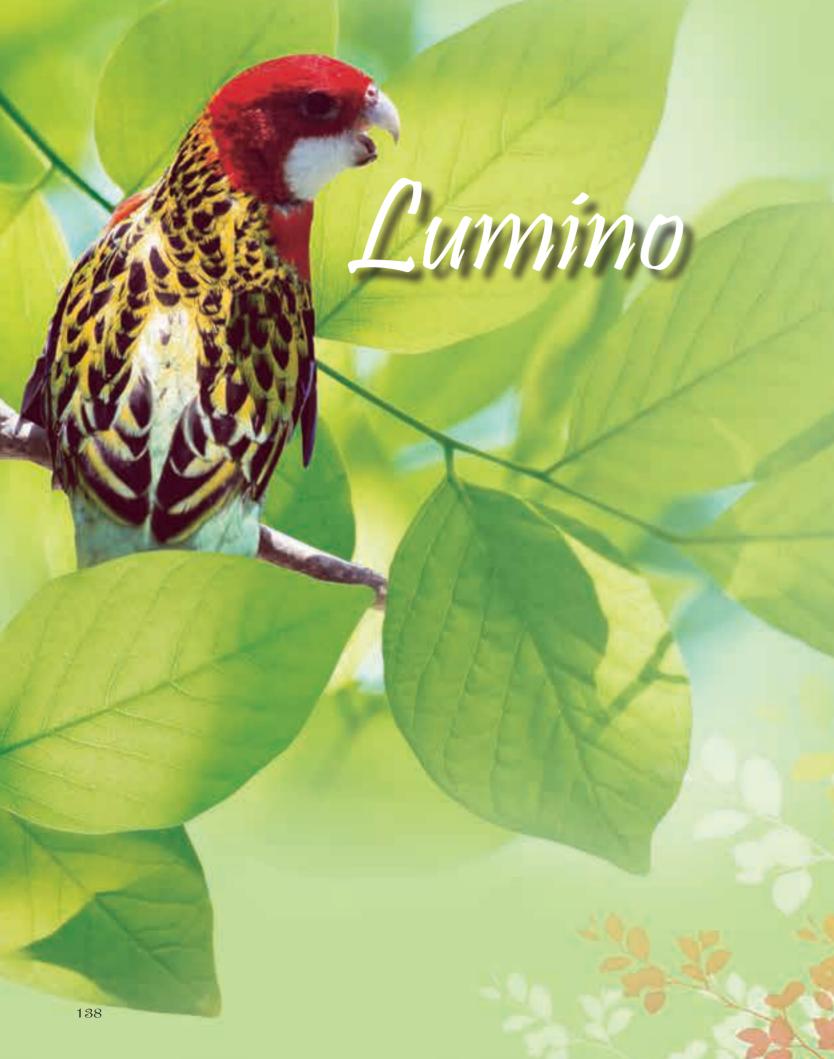


A quiet moment on God above

My heart has never lacked Hiers love

I meditate on Hiers blessing

Forever showers on all beings



I don't know if any bird could ask for more colors than Lumino, an Eastern Rosella, beloved of my heart.

And when he sings, Heaven would be also pleased. He created so many beautiful tunes to match his even glorious appearance! He is an incredible musician, such a tiny being with so much life and vigor.

He is also a loner, shy and reserved. Maybe all artists are in someway. But you can be allowed to feel his love, once he gets to know you well enough.

He doesn't give his heart just to any one; he chooses discretely, and stays with his choice and shows his affection in a quiet but lovely way. Thus, when he perched on my shoulder for the first time, and let me take him out of his "room," there was a tingling sensation under my skin!

There's no way you can miss this feeling of affection and oneness. I love him so much, no words can describe. And his love cannot be compared or measured. How such a fragile frame holds so much splendor!

I shall forever cherish you, treasured gift of my life, dearest beloved Lumino. Your love brings tears of gratitude to my eyes.

And maybe to anyone, who has the privilege to know it.





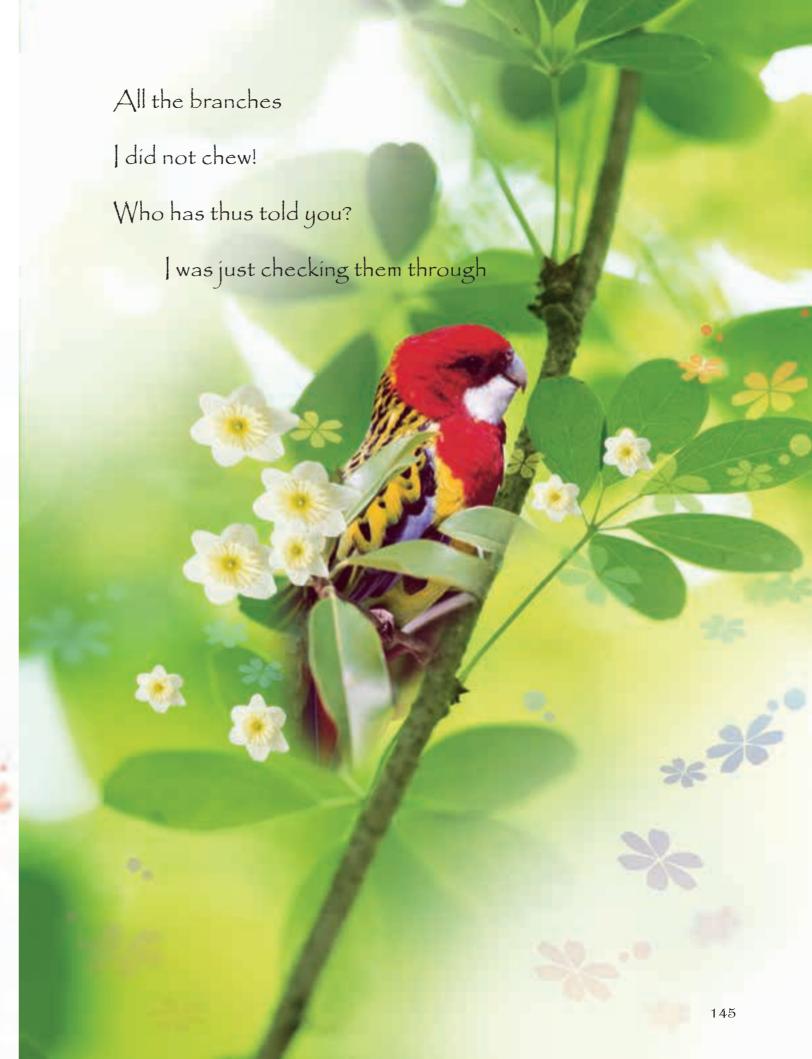


The only important things in these pictures

Are "me and her"

The rest?
Well, no matter!









Luvy, so named for his soft, tender loving nature.

He is so totally into you, that he makes you feel that you are the only person in his entire life's focus. He talks clearly and sweetly, with a throatal low voice that's so cute.

Though he loves Brighty so much, I'm still the priority; he shows it well! He never complains, always bears a bright, happy and positive attitude, so he helped Brighty recover from her depression, and cheers my day. Just his devotional love is even enough for anyone to feel warmed up and happy.

He came from a high level of consciousness. He brought with him this loving unconditional gift into

the human world. We are lucky to have our planet populated with these special of special beings who brighten our world with their beauty and true love.

He always says to me: "I love you." And gives me kisses, and shows his joy and appreciation even just for any little nice gesture or food. Of course he loves peanuts!

One day while he was in a covered terrace, somehow he landed on the floor, and separated by a curtain, he couldn't get out. But he stayed there and talked to himself, as if to keep calm while the wind kept beating the curtain against his head, till I heard and found him!

Then he clung to my finger desperately, and said nonstop: "I love you, I love you, I love you".....

I placed him onto my chest and caressed him, he became still and drifted into his dream soon after.

He's such a sweet darling that leaves a deep loving impression on anyone who knows him. God bless him so.

And I can't even begin to express how much he means to me and how much I love this marvel of a creature!

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There you have it

I'm all smile and "photo-chic"!

If you like my pose alright.

Make my photo smart and bright.



'Course I can sing, loud and clear
I have come into this world to cheer
If you feel a little low and down
I will sing you up to the high cloud!





We say hallo, never good-bye
For we are eternal Light
Even if our physical disappears
Our real essence is always here.



Mei Mei – Chinese, meaning beautiful sister, so named for her maiden- like personality. This bird, together with Ping Ping are new family members.

Like Prima and Amigo, they were left wild in an outdoor cage for breeding purpose only.

I took them in because of some affinity in the past.

They have code words to be recognized. Hers is "smart bird"; I used that to tame her, and she became more accepting and happy.

Tell her that she is a "smart bird" - then you can see her spirit spark up, her attitude cheer on and she'll come to you on offered perch, or get back into her cage effortlessly.

But it took long time for this pair to be tamed, in the beginning, as they're so used to being in the "wild outdoors." They were so fearful of humans that we couldn't even come near; they would either panic or bite if too close.

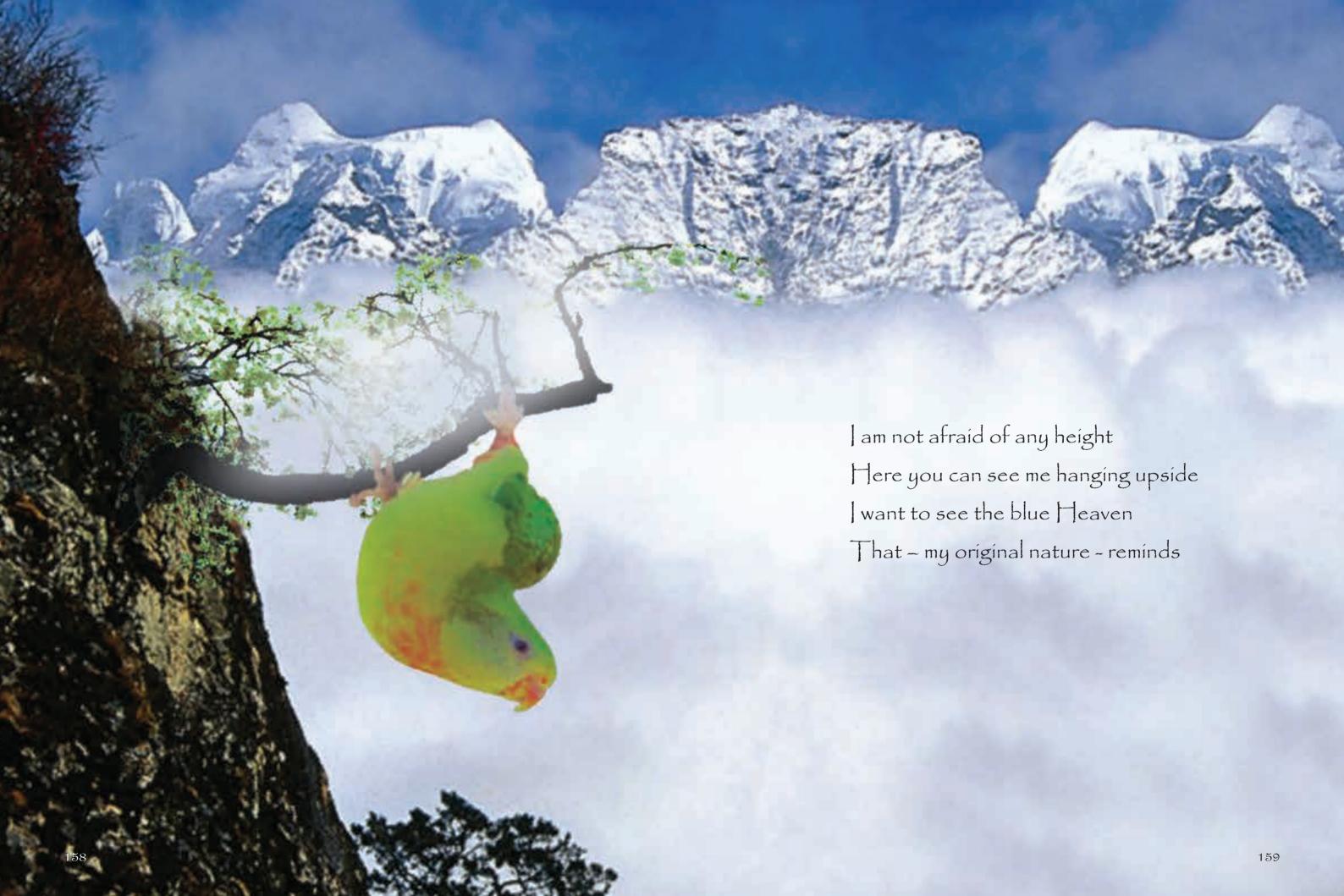
They do not bite anymore! And I came in and out in the night to check their room's temperature "un-noticed."

She is a very keen observer and not much escapes her sharp eyes. So she knows who's with her and who's not, who she can trust and who to stay distanced from. You can feel her watching eyes even from behind you or from a far corner of the room. But it's not an uncomfortable feeling, just OK, un-intrusive.

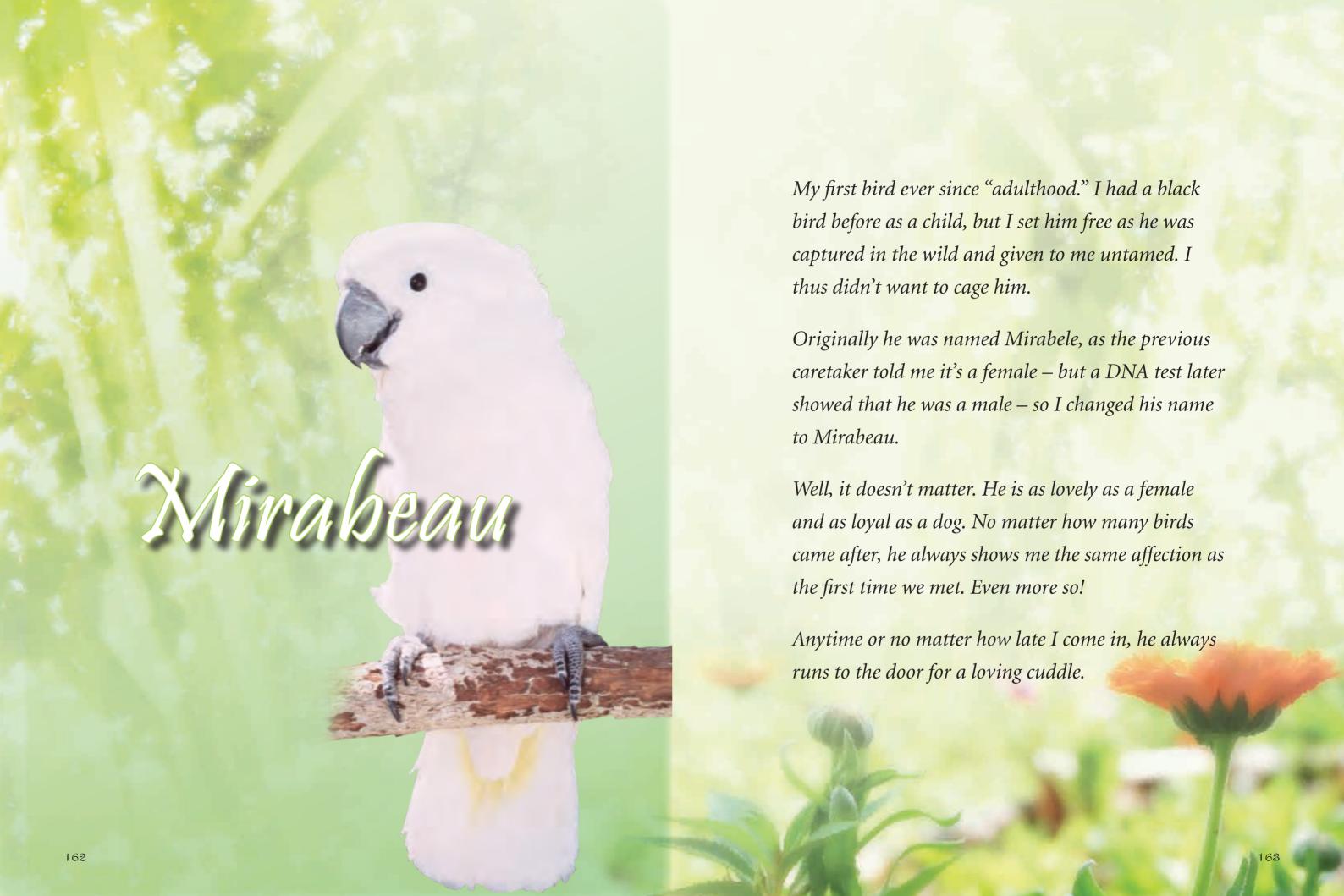
And though remaining cool, she sends you love, affection in the air. And you feel that with her appreciation for your care and sincerity. (If you have!)











He was very young when I came across him, he is my "official" first chosen bird. Or maybe he chose me.

When I came in, he started to greet me and cuddled right away. Then he quietly lay down on a table as if asleep. I felt we were very connected, but my mind was unsure whether or not to bind myself with responsibility.

I asked him half jokingly: "Are you ready to go home?" And to everyone's surprise, amid the talk of humans, birds, dogs and pets of all kind, the sleeping baby bird stood up and walked straight toward me among the crowd, stepped on my hand, laid his head on my bosom, looked at me lovingly and knowingly in a definite "Yes" in front of everyone.

So I "had to" take him home! And we live happily ever after since. Well, sometimes we had "words," but no big trouble. Just like on some occasion when he cut off my TV program by chewing away the live electric cord. (Well, TV is not always good for you!) Or, he demolished my furniture. (OK, renunciation is better!) Or, he ate up my shirt button. (Yogis don't need clothes anyway.) I just have to watch him; if let alone anything in the house can be his "object of demolition"; he doesn't chew on toys that much, just loves to chew forbidden things!

One day, in some moment, we were busy, he got to the ceiling at the entrance door frame, munched all the cable for the awning system and sat up there in the middle of messy gnawed zigzag wires, waiting for me to come take him down (and scold him of course!)

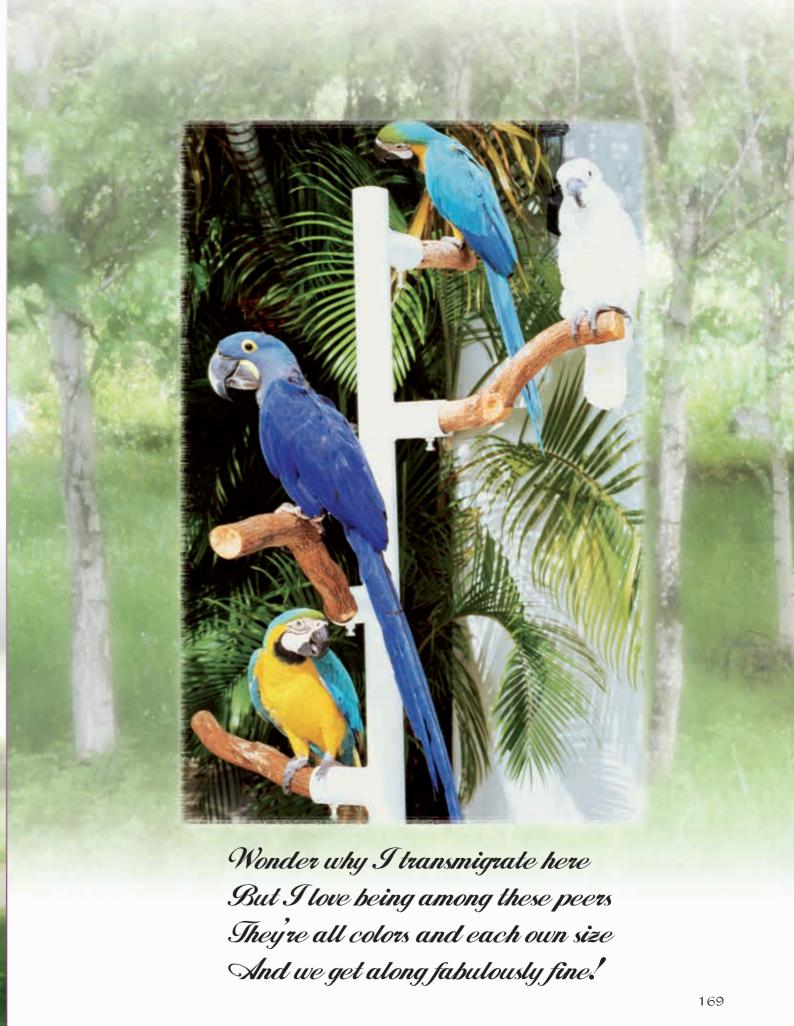
Despite all his troublesome antics, I always kiss him good-nite, for his love is worth all the possessions in the world.

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Guess which bird I like the best? Well, the middle one, and the rest.









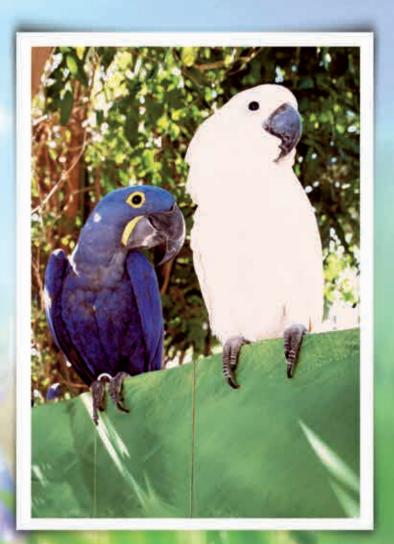
I KNOW YOU LIKE ME, MIRABEAU
BUT AIN'T I TOO BIG FOR YOU?

OH, IT DEPENDS ON HOW YOU LIVE ALL THINGS ON EARTH ARE RELATIVE!





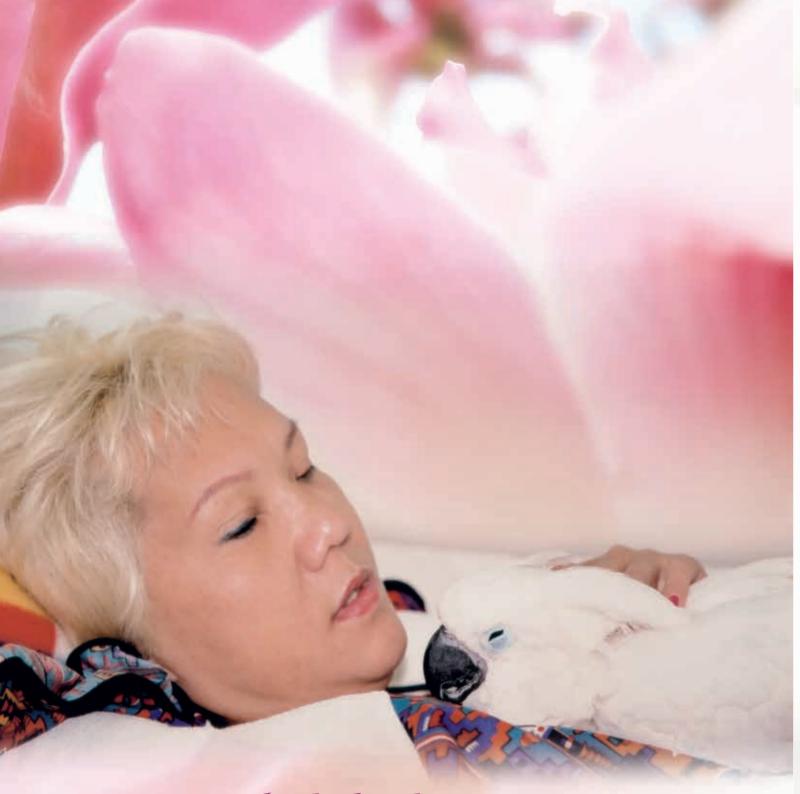
WHAT'S GREAT IS THE REAL ONE WITHIN NO SIZE, NO DEATH, NO BIRTH, EVERLASTING





That secret of the universe Not everyone understood. Methinks!





I am a bird who dreams Or in a dream become a bird!

> But I don't mind this illusion Which is as sweet as in Heaven!



One can contemplate on the "unknown"







One of the more affectionate queens of Bavaria, he is actually a male.

So lovely, lovely. You can do anything you want with him: turn him "inside out" upside down, he just loves it. He loves to be scratched gently on his tumtum (tummy).

Anything you do, he'd approve and always says: "Correct. Correct!"

He comes to the door of his "condo," waiting to be taken out if I am near. The two of them are much affectionate about each others, always showing love, always grooming each other, inseparable. Well, no wonder: they are brother and sister!

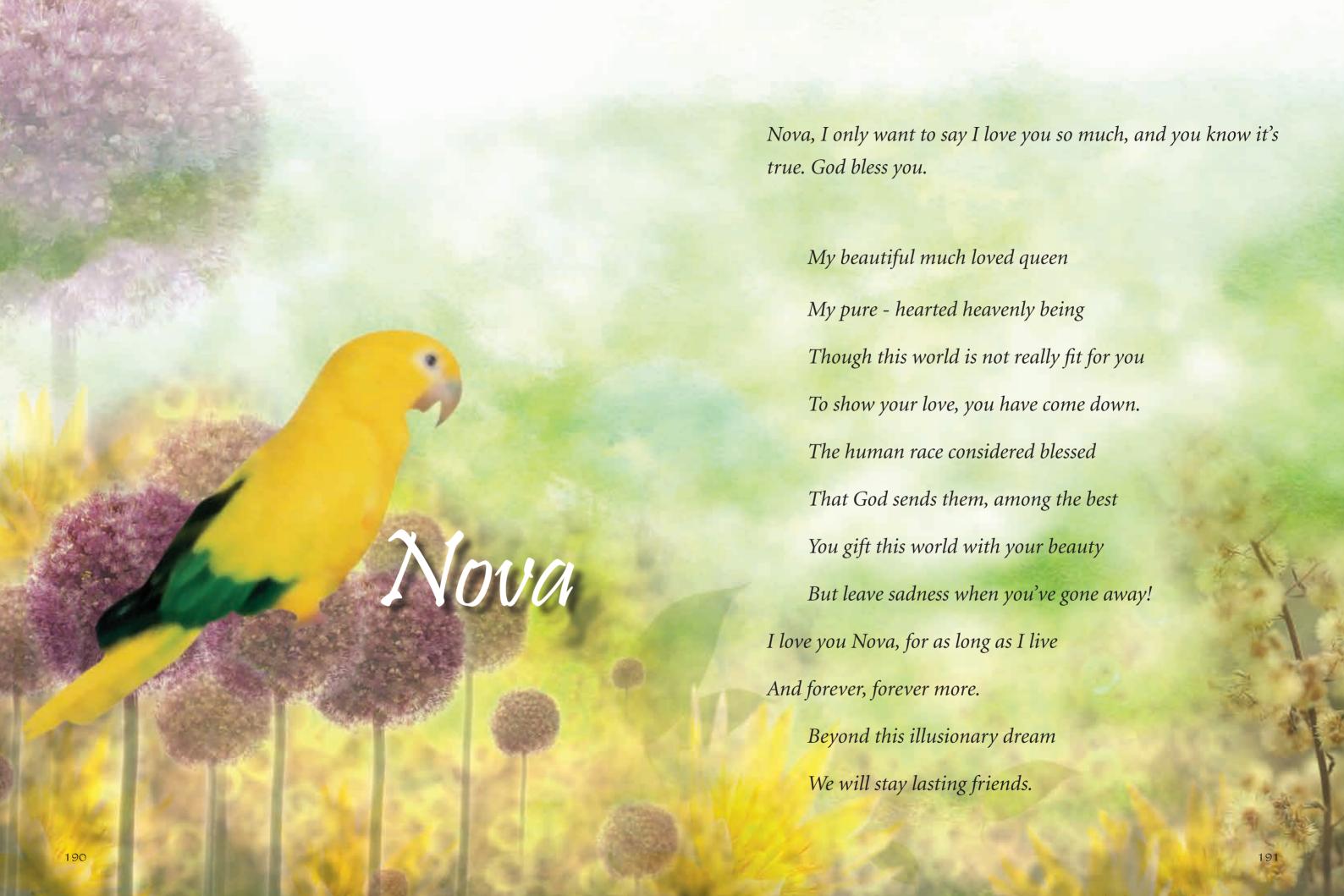
But they look like twins; you can only tell the difference as Nova (the other) has more green feathers on the back of her shoulder.

He is so affectionate, you'd like to spend all day playing with him!





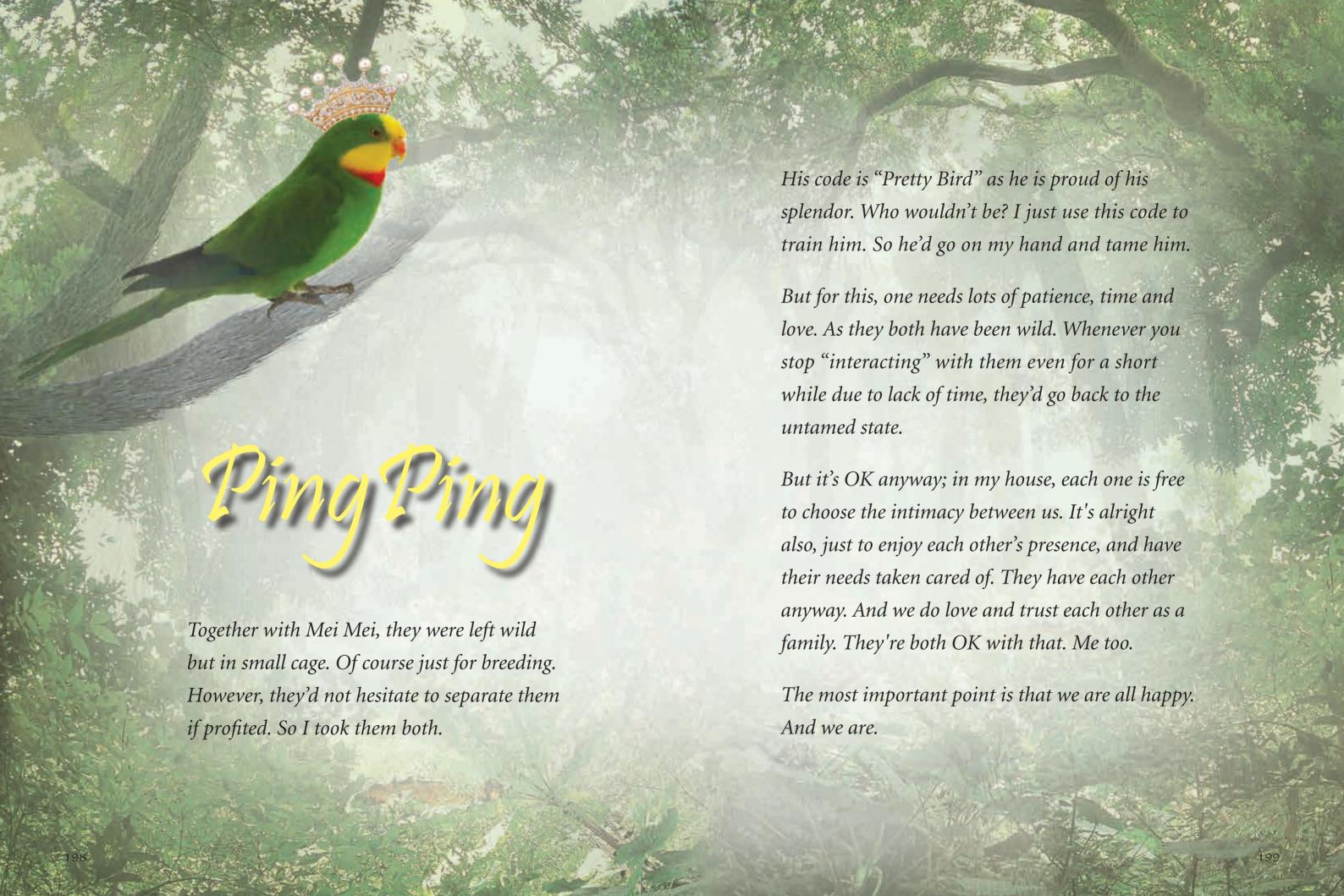








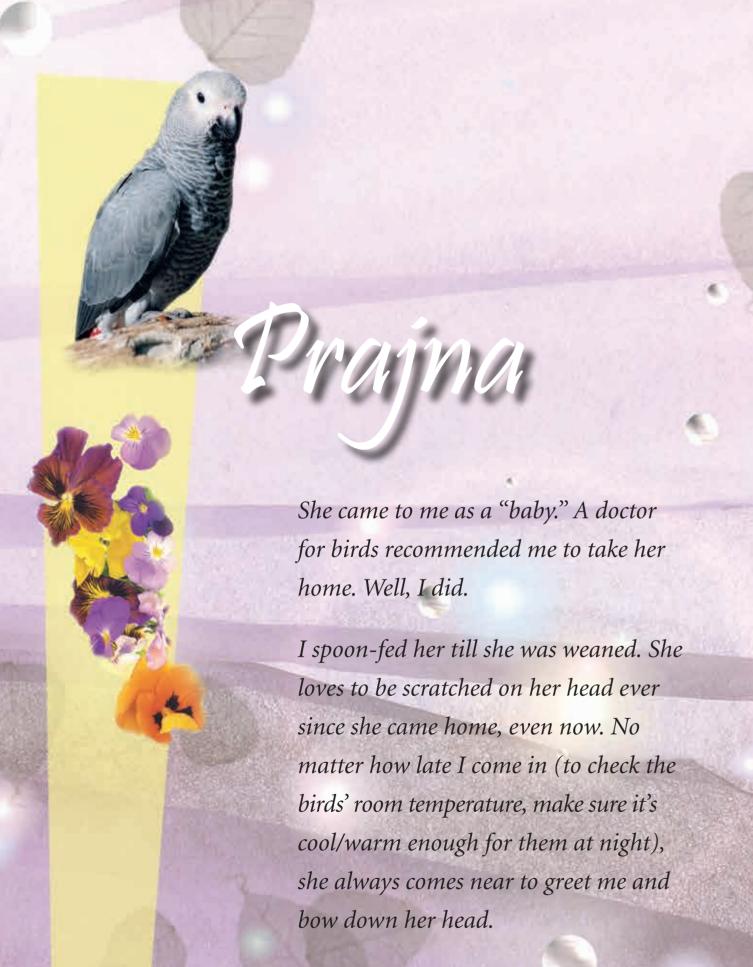












I always sing softly before and upon entering their room with a small flashlight shining on my face, so that they'd not be alarmed. And she also sings with me.

Or she'll say, "Yoo hoo," cos I do that sometimes. And she clicks her tongue also the way I do, then comes near for the head "pet pet."

She is so adorable and she keeps Mirabeau quiet. Before when Mirabeau was alone, he would yell a lot more often and louder. He's happier with her company. They get along well.

She talks exactly like my voice – sometimes fools the assistants, thinking that I am nearby! If I tell my helpers something, and they don't respond, she'll say "Yes Master" – for their sake!

She would call any dog's name with precision. Like "Benny, quiet" "Hermit, no" etc... When the dogs are too loud! And of course, "I love You" when she feels like it if I am near (with a peanut!)



The flowers and I

Who is prettier?

I can't stop

Feeling the wonders.

God Almighty must be very wise
To create beauties like you and I







And Hes also created this girl
So she can love and care for birds
I don't know which planet she's from
But what would I do without her!



I look around and around me Beauty and love everywhere I see

I thank Heaven and God above

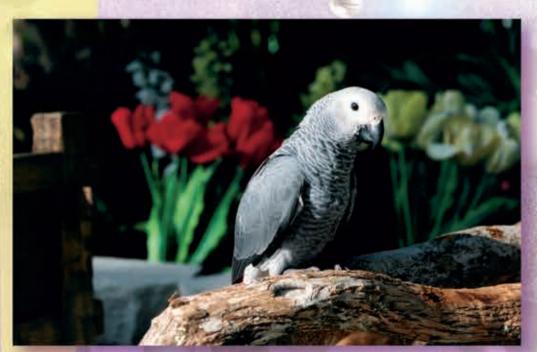
For all the care and all the Love





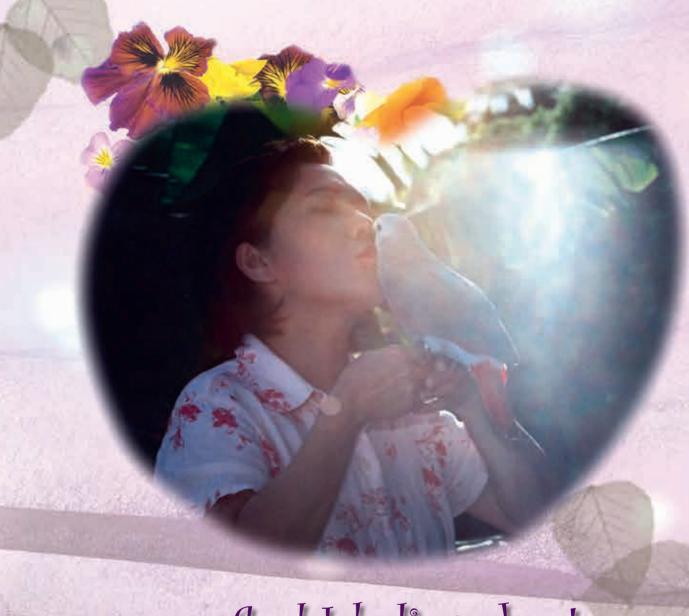


Summer, winter is all the same 'Cause in my home I'm always warm.

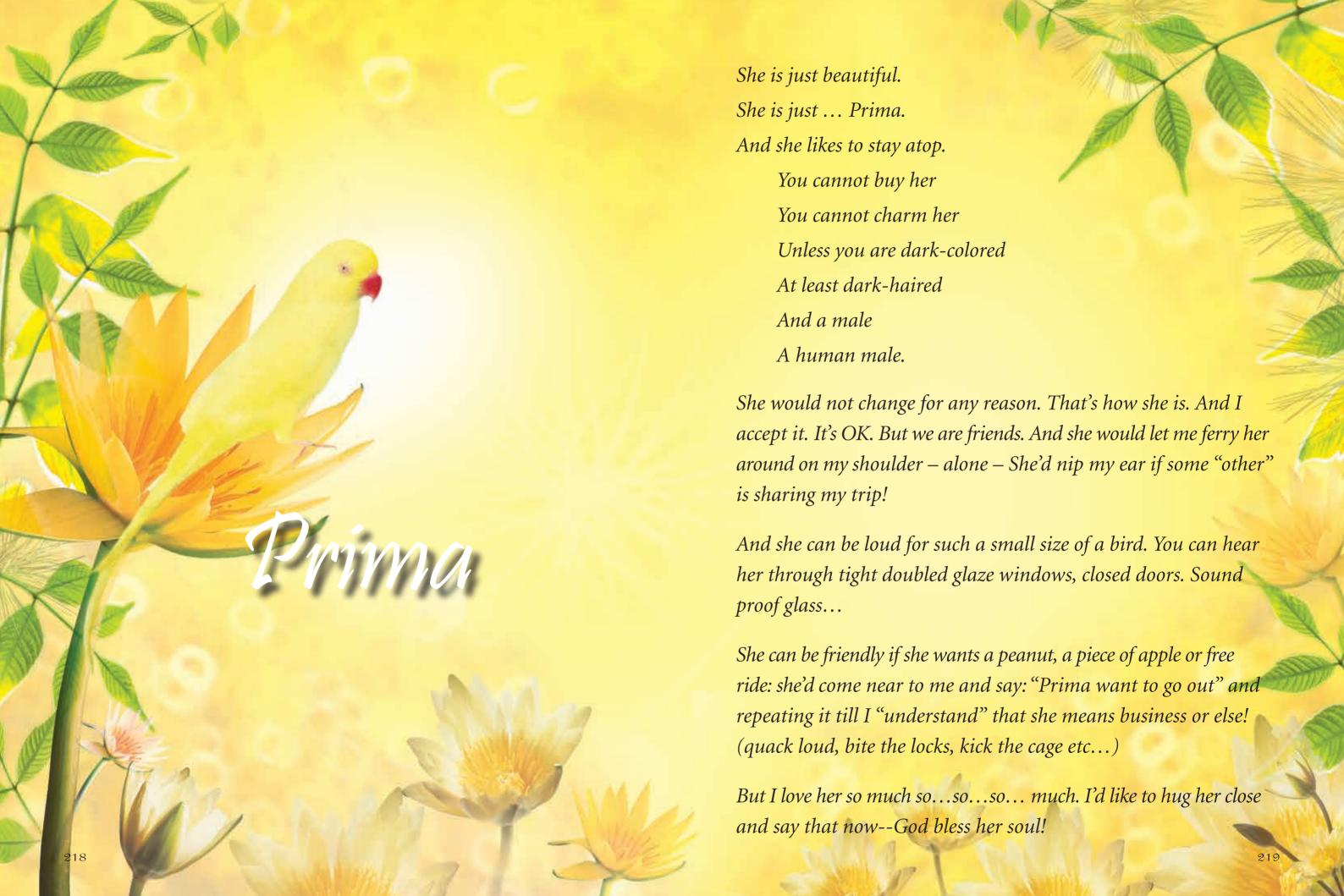


They say I came from Africa
(No! From the "House of my FATHER")

— said my Master! —



And I believe her!







(Azure) Let me make it clear to you He is Mein!...

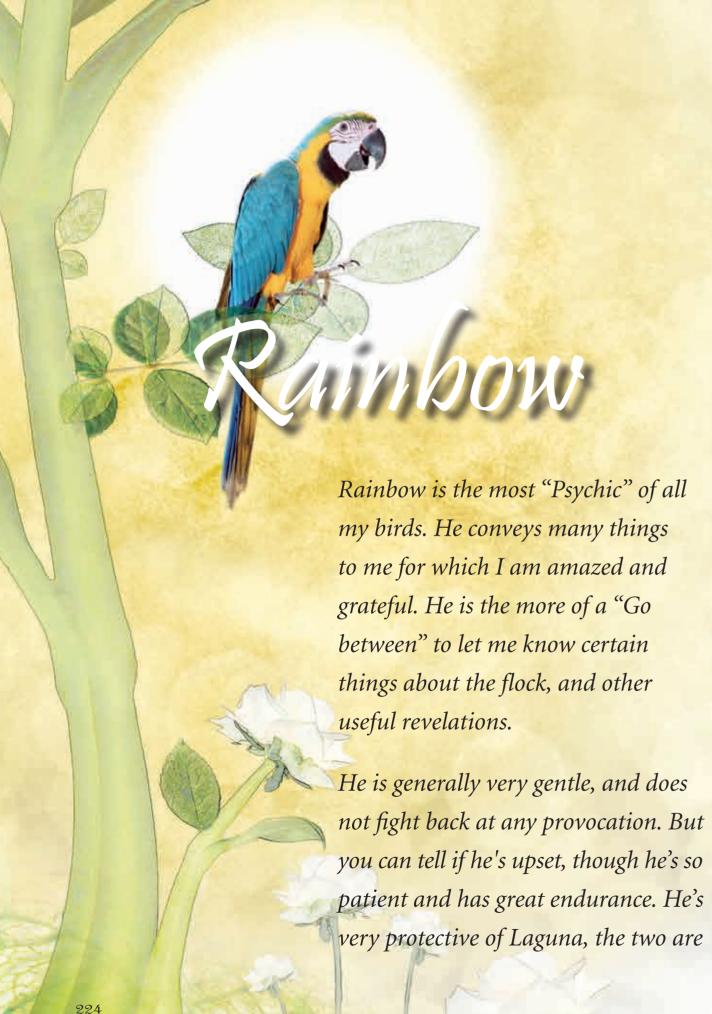


But we'll share the same Heaven let you, 'cause you're my friend!



OK, Amigo!
I declare hereby to forgive you
"As you forgive your transgressor
God in Heaven will forgive you..."

Don't ever again be so close to... that blue!



good friends. They groom each other lovingly, kiss and regurgitate to share food (a bird's sure sign of affection).

If left alone, he would often open (numbered) locks to come out of his cage to be near Laguna.

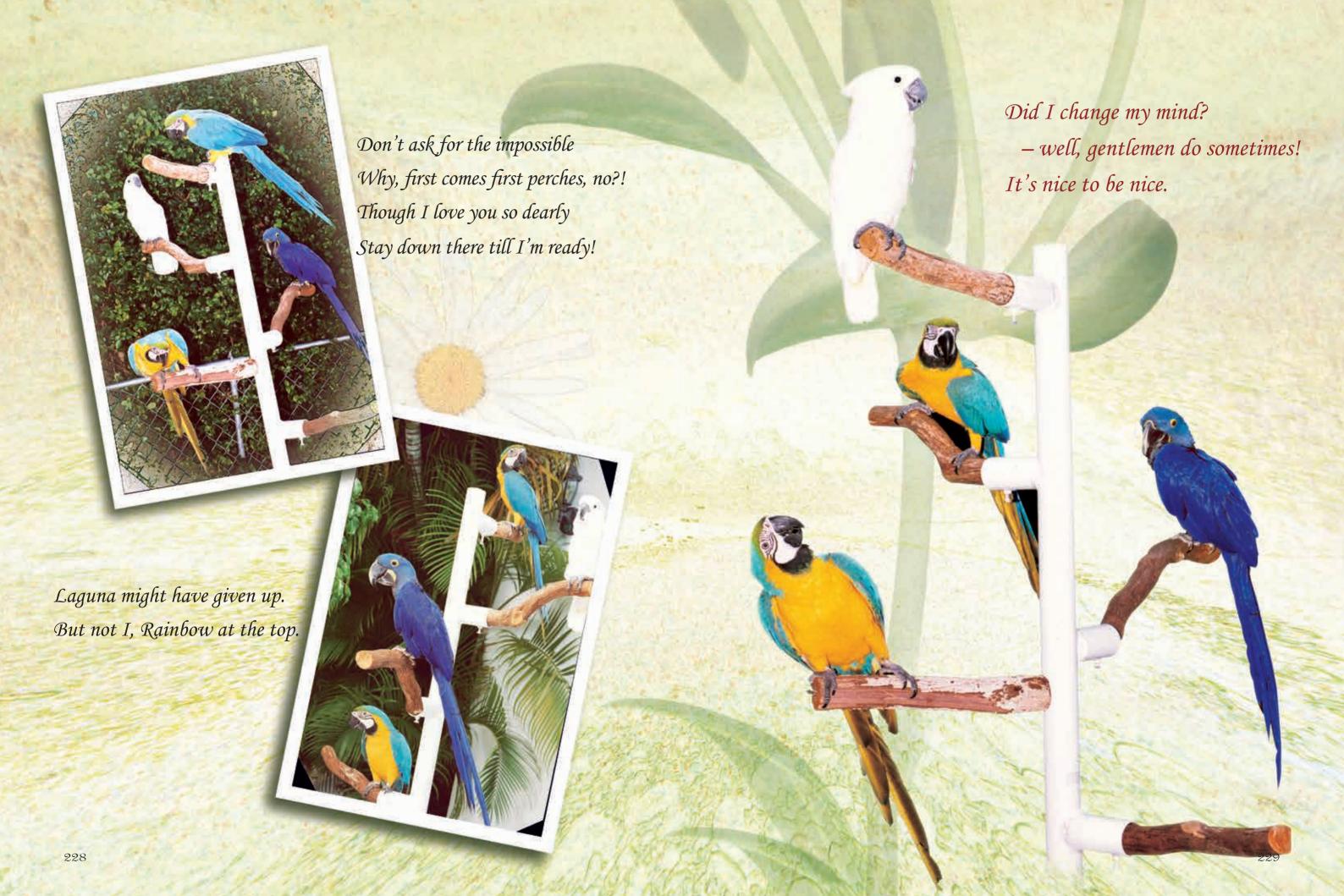
And no matter how big the cage is, he'll stick close to her in some corner.

I call him also "Hanger" 'cause he loves to hang at the top of the cage by hooking all his claws onto the metal ceiling fence, even to sleep. And he even managed to convince Laguna to do the same whenever they're together.

Alone, she would seldom do that by herself. If Sunny is with Rainbow, he will also hang himself in the air like him.

Rainbow is a very affectionate bird, but could get jealous if with Laguna. Well, I guess that happens also in the (hu)man world!





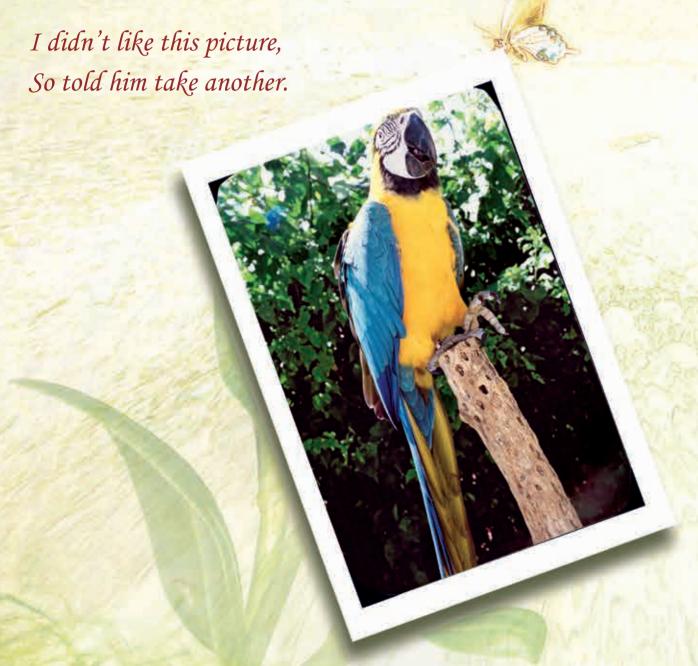
This one sure make me more like me.

We birds do like good quality.

We like respect

And we like love

Without those things what will life be?





Carlo Lander Commission of The Co

And we do love our dear "Birdies"

That "Sunny" is really funny

When asked by Mom if he's happy

He answers: Ni Hao? In Chinesy: (How're you?)

When asked by others, "How are you?"

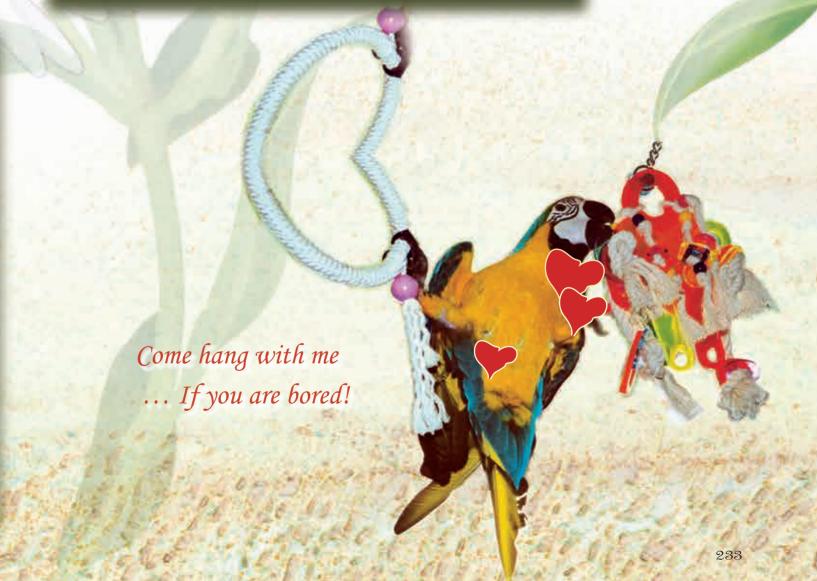
He said, "Ha Ha"!

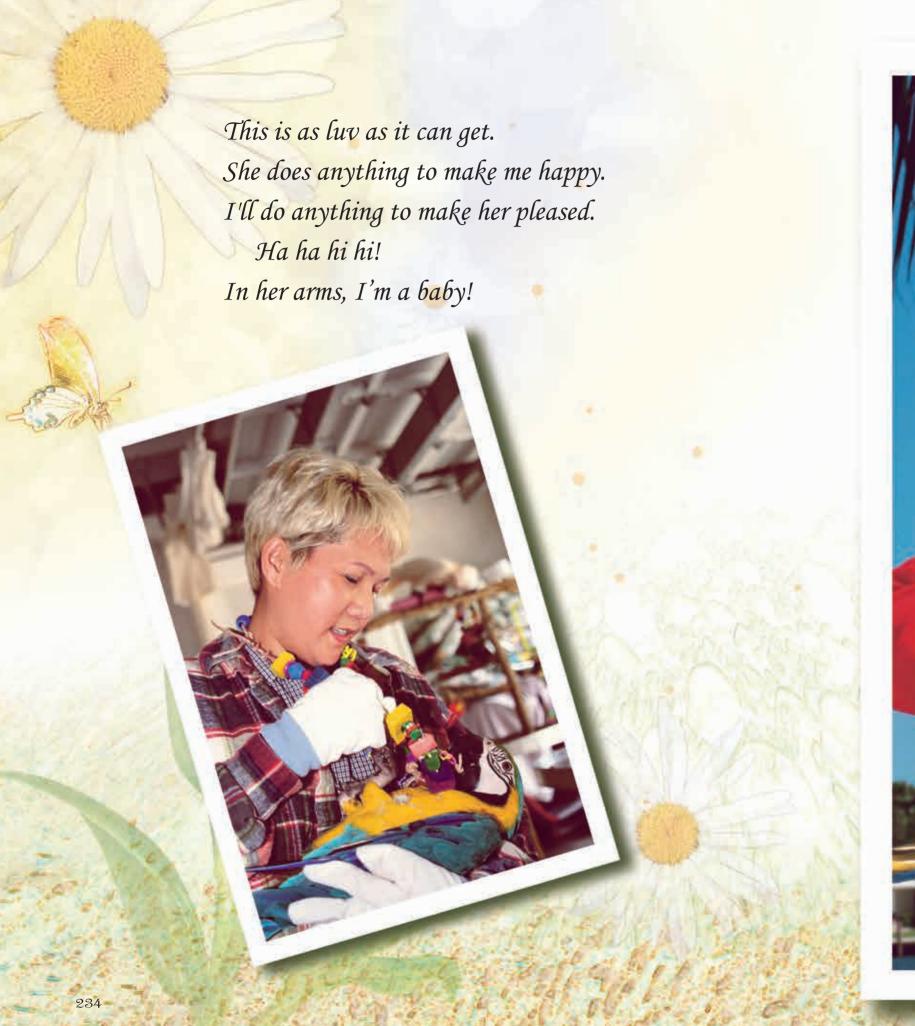
So we all laugh: Quoa, Quoa, Quoa!

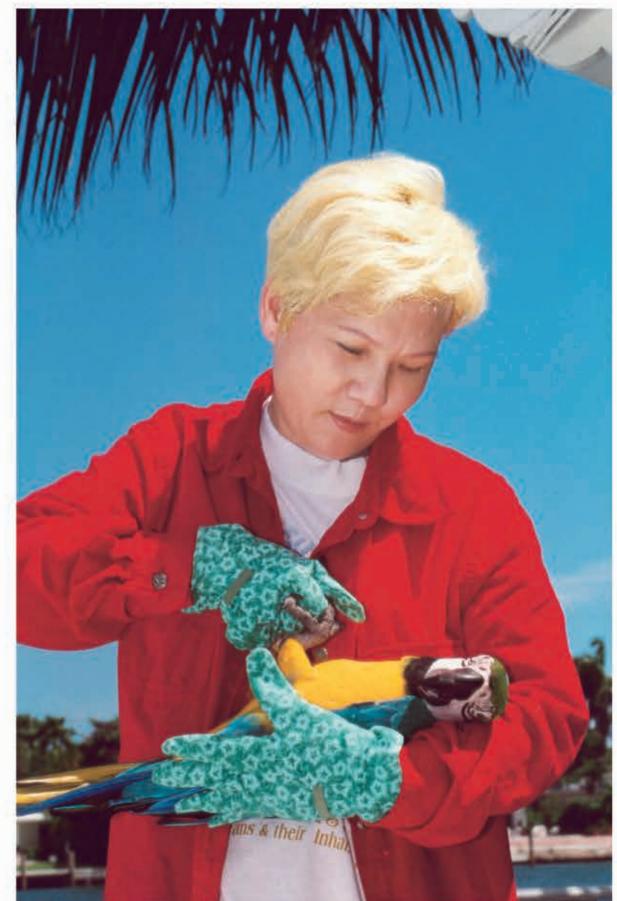


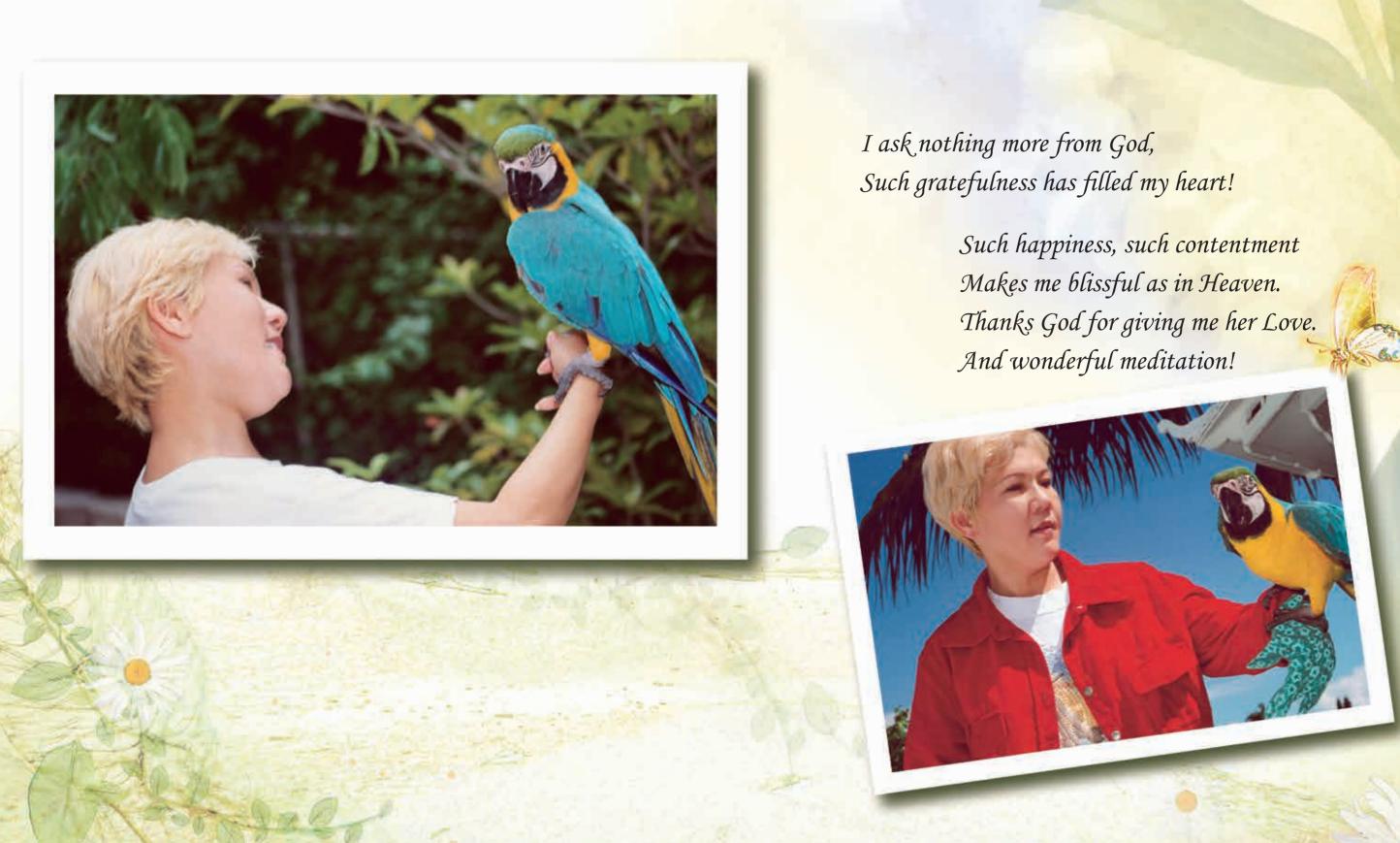
"Please say something Loved Rainbow"!

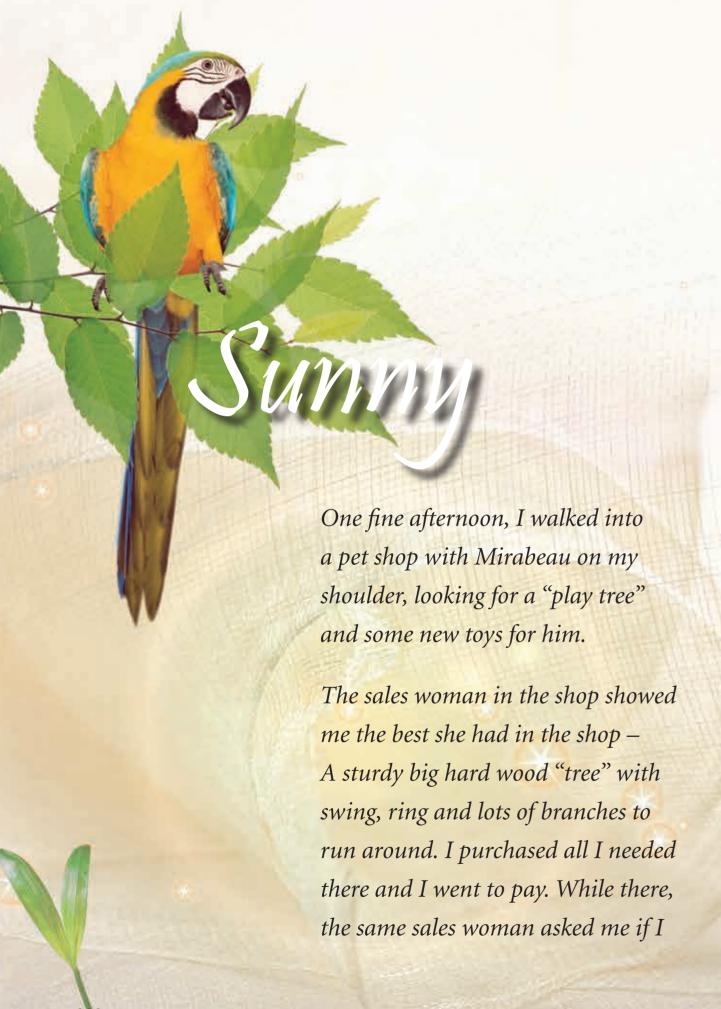












I go, and if this expensive play tree and toys were for him. I answered, "Yes."

She commented what a lucky bird he is, then asked me whether I wanted to adopt her macaw blue and gold. He was 11 months old then and very sweet tempered (Well, at that tender age!!!) She had him since his babyhood. I was surprised that someone would "give away" her own bird, asking for a price with cage included! (A reasonable price you could get one brand new for both.)

I wanted to know why. She explained the lack of time and attention for him. Hence he's showing sign of stress; plucking his feathers, looking unhappy and so on... And she saw me take so much care for Mirabeau, thinking he'll be better with me.

So I drove to her home, paid the price, got the sales paper, and took him with me. I felt so sorry for Sunny that no one asked his opinion and nor considered his feeling.

For the next two weeks, he was in bad shape, crying a lot, didn't want to eat much. At the time I already bought a big cage for Sunny (renamed thus to cheer up his life, cut off connection with the sad past). But I thought maybe his small old cage would be more familiar to him and make him feel more at home.

So I sent my assistant to go pick up that old, narrow rusty cage, hoping to make Sunny feel better, it didn't. He kept screaming, crying for "Dad, Dad." Obviously that's what he learnt to call the ex male care taker

who took more care of him than his wife -- I still want to cry now, thinking of what he must have gone through!

One day I told him after so much effort of trying to console him without success: "Stop it! That family didn't want you. That's why you are here." – At this remark, he cried heartbrokenly, I was so sorry, I cried so much too, and apologized profusedly.

"I am sorry, I'm sorry, I didn't mean to hurt you, I love you so much, please settle down. We all love you here, and I will take care of you for the rest of your life, with all the love and care you need." And I touched his cage, kept talking, and then he calmed down and we both sat there quietly, only my true love for him communicating from my heart.

He healed soon after, and became more enthusiastic about life around him. He said,





"I like apple" if I asked. He loves mango more, and Banana second.

Birds would teach you about their world, their loyalty, their emotional needs, sensitivity and about love. They are so beautiful inside and outside.

They deserve love, TLC and respect, and show appreciation if you care

— I have never regretted having brought any of my birds home. They give unconditional love, adorn my face with smiles and brighten my daily coexistence with the world.

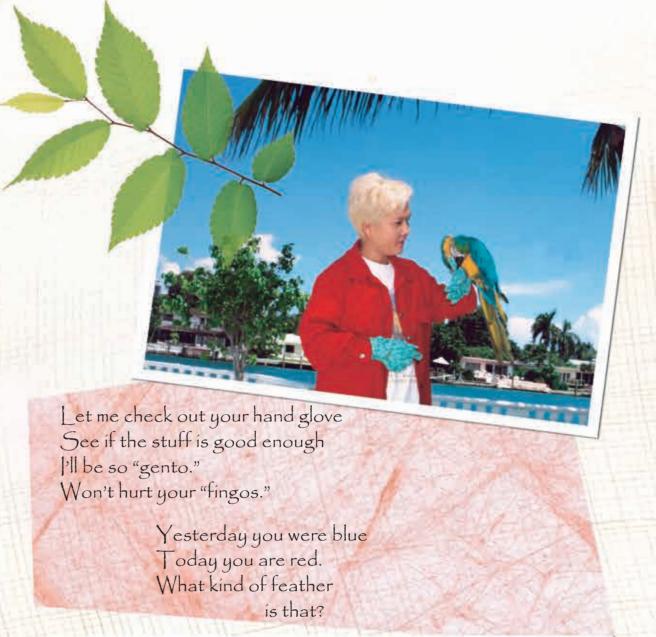
They bridge the gap between human and other creatures. I only want to make them happy in my home, as members of my family.



| love my name
| Sunny | am
| live in God's Light
| feel so sunshine.



We look so much alike
Good Rainbow and I
Only Mom could tell us apart
For others it may be hard.











Just checking out this carpet
See if it's soft on her feet.
She takes good care of us all
A guy should return something, no?



Dearest good and sweet camera
I'd like to say something to ya
That I'm happy, grateful, content
Thanks to m'lady and grace of Heaven
Tell everyone I'm a lucky bird
Have found the "home of love" forever.

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## The sky is not the limit?

People say the sky is the limit

But Mom-Mom said that's not it

"You have to fly beyond the stars

Beyond Milky Ways and constellations afar!"

Woa!



I am sure as you say there is a Heaven
But where ver you are that's where I'm going





Tutu and Mimi, "Twin" sisters, my first and only cockatiels, lovely beyond words.

When we first encountered each other, they jumped right onto my hands, then perched each on one side of my shoulder – stayed on. That's how they got "carried" into my house.

The two of them together with Mirabeau traveled to many places in my mobile home, enjoyed family vacation style and we had no problem.

They love to perch on shoulder, transported free around or on the back of the sofa, watching TV!

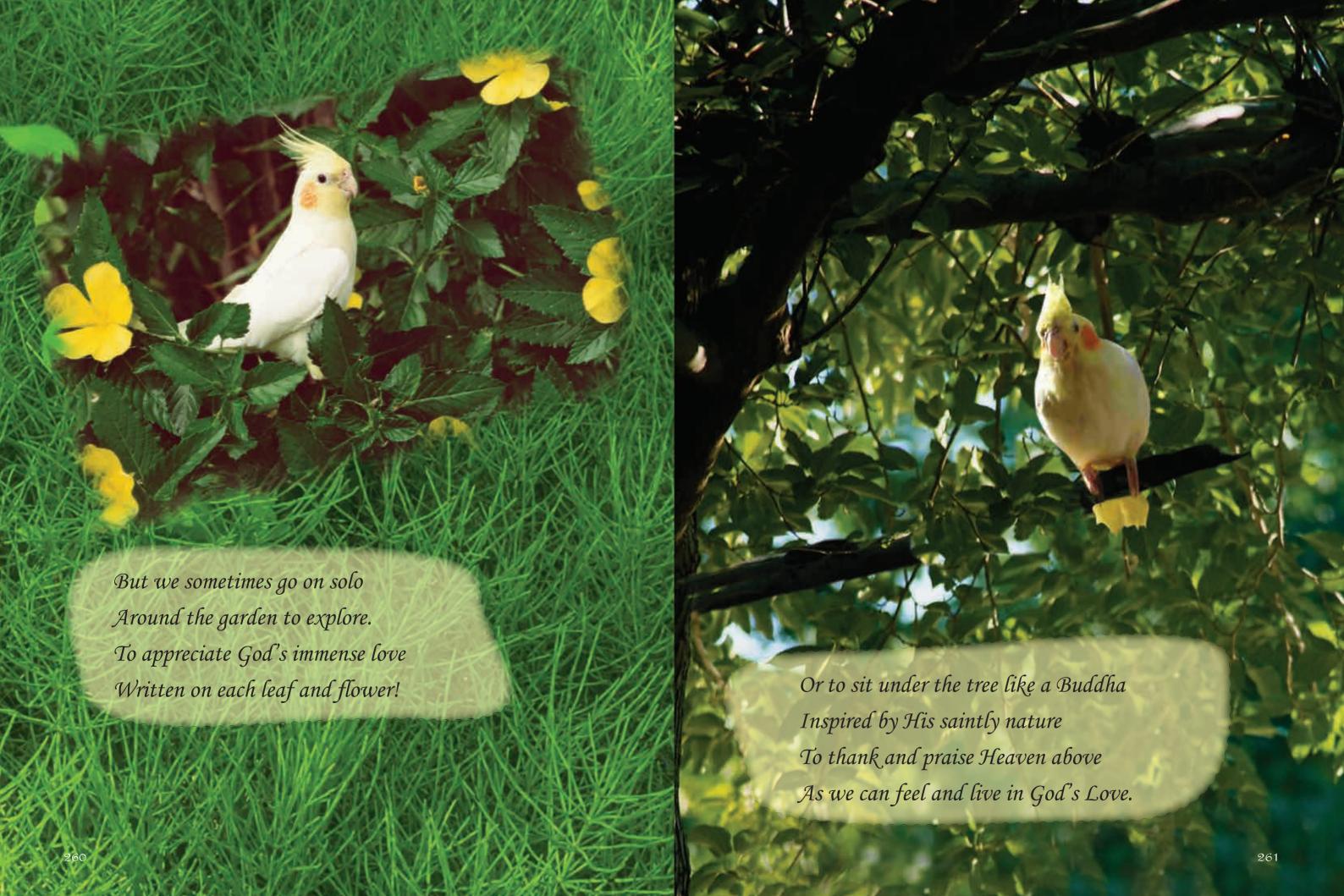
And they love to groom me. Preening my hair, one side each, diligently! Oh, I love them so. I could cry, thinking of their "Little Big" love.

Whenever they hear my voice, no matter at what hour, from anywhere, they chirp very loud, calling me and rushing to greet me excitedly upon my entering. One cannot but feel their love written all over their tiny bodies and springing feet, with loud, high notes of welcoming and joy of reunion.

Oh, I love you so! If humans could love each other that much, peace and happiness can be ours forever.









Let's groom Mom while she's busy

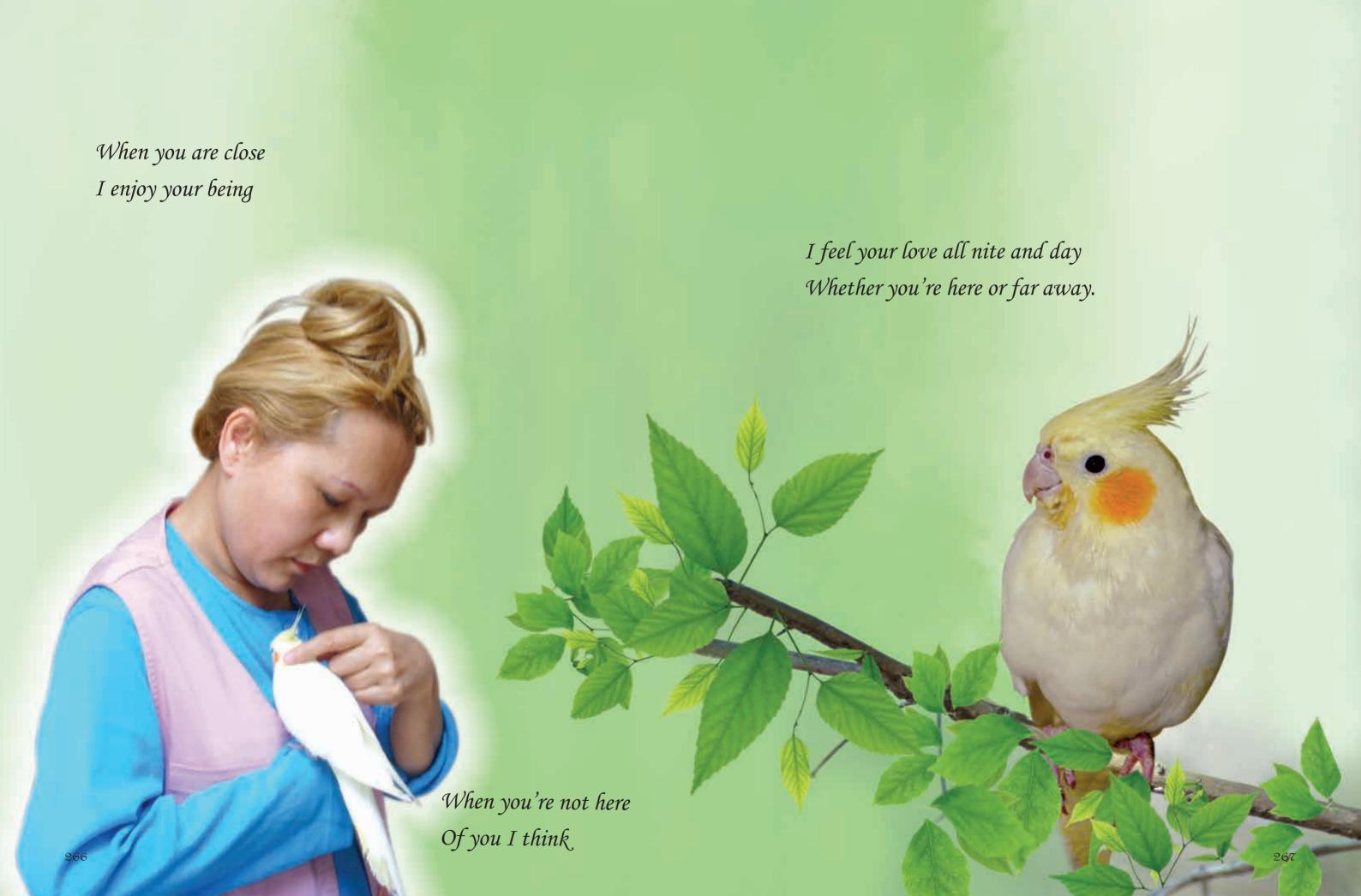
She should look great if you ask me



I'm over here and you're over there
Preening away her bad feathers.

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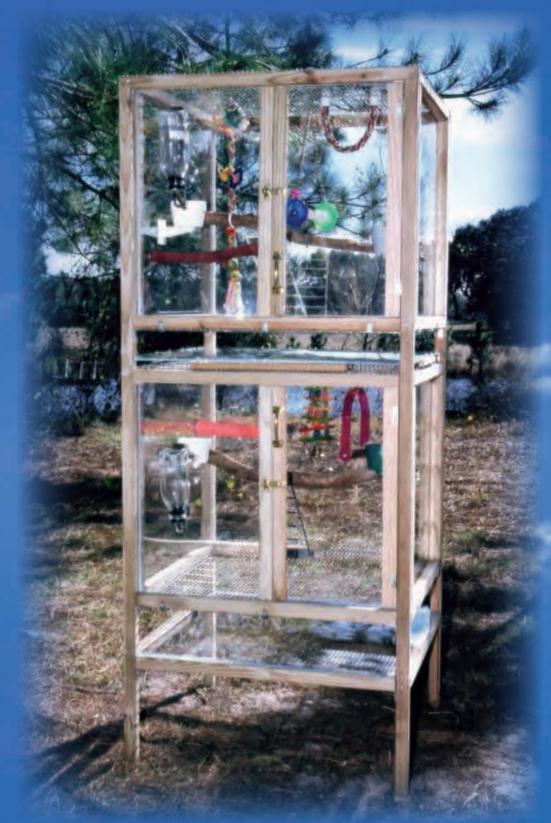








So much she loves us You can see the fuss.

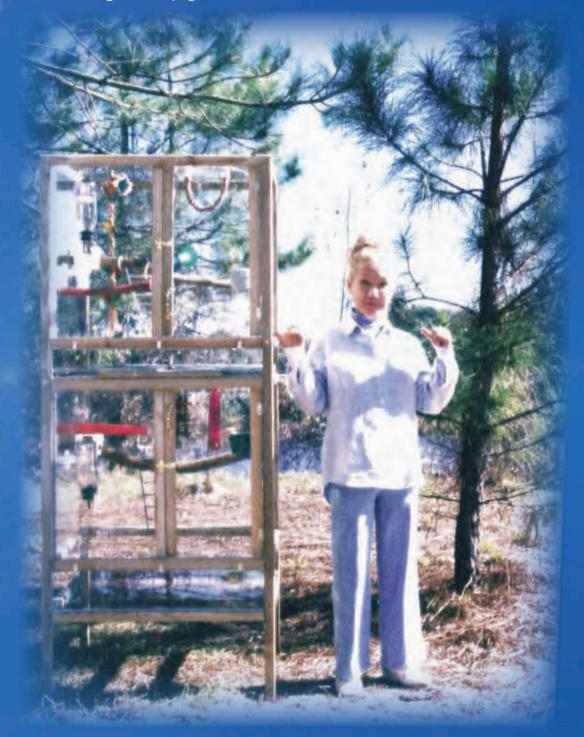


There, she did thus invent Our new winter play pen!



This is just a sample Some are much bigger.

She spent many days outdoors
Even February nites also
To finish this product of love
Then proudly presented our condos



We enjoy the view Without the winter chill.

## Caring for Others

She loves them (outside birds)
Because they have wings...

















# **Related Information**



For more information about communicating with and caring for our animal friends, along with inspiring stories from Master about Her other special animal companions, please refer to the following MP4 and DVDs.

#712 The Divine Intelligence of Animals 20010605 Florida Center, U.S.A.

#713 Love Is the Master 20010605 Florida Center, U.S.A.

# 718 Love Is Always Good 20010607 Florida Center, U.S.A.

#719 Overcoming Bad Habits 20010609 Florida Center, U.S.A.

# 721 The Wisdom Eye 20010604 Florida Center, U.S.A.

#724 Sincerity and Purity of Heart 20010612~ 20010616 Florida Center, U.S.A.

#725 A Humble Way of Life 20011222~ 20011223 Florida Center, U.S.A.

# 726 A Selfless Motive 20011223 Florida Center, U.S.A.

**#730 To Communicate by Love** 20011225, 20011226 Florida Center, U.S.A.

**#734 The Touch of a Master** 20011226~ 20011227 Florida Center, U.S.A.

#735 The Courage To Change 20011228~ 20011230 Florida Center, U.S.A.

#747 Children of the Dragon and Fairy Master's Birthday Celebration 2002 20020511, 20020513 Florida Center, U.S.A.

#780 The Dogs and The Birds in My Life Dedicated All Earth's Co-inhabitants







# The Noble Wilds

By Supreme Master Ching Hai

tone, the words of *The*Noble Wilds flow gracefully along
the pages, complemented by the luminous photos of God's creations in nature. Turning the pages, one is transported to Amoura, the place where "the lady" lives and is visited by cherished beings of the wild.

The "lady" is none other than Supreme Master Ching Hai, and *The Noble Wilds* is yet another of Her simple but deeply touching gifts. Written, photographed and compiled personally by Master, this precious gem opens the door to a world of unique beauty. Here, the reader can witness firsthand the noble spirit and dedication of our co-inhabitants whose homes are under the open sky —the swan, the goose, the squirrel, the beaver and even a tiny garden snail.

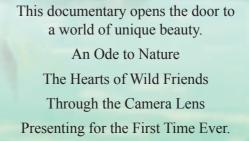
Although generally shy of humans, these animals allow themselves to be photographed, and indeed can even be seen eagerly approaching "the lady's" gentle offering of favorite foods. The love conveyed is unlike any other – full of dignity and grace, yet as deep and enduring as the eternal.

#### **Available online at Amazon.com**

http://www.amazon.com/Noble-Wilds-Supreme-Master-Ching/dp/9868415233/



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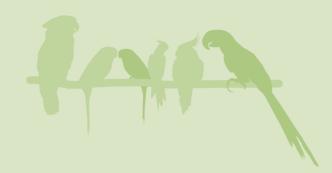








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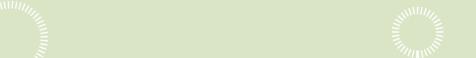
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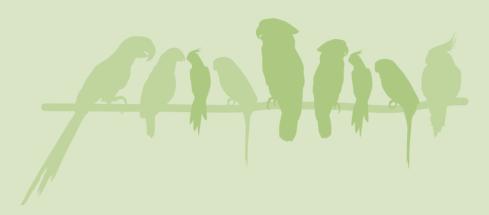
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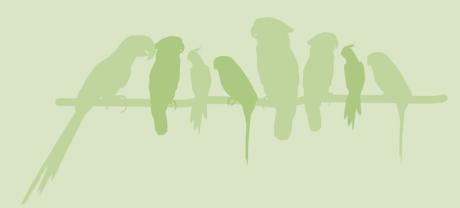








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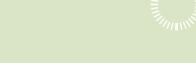
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#### Quan Yin WWW Sites

God's direct contact—The Supreme Master Ching Hai International Association's global

http://www.Godsdirectcontact.org.tw/eng/links/links.htm

This portal provides a directory of links to Quan Yin Web sites in a variety of languages, as well as 24-hour access to the TV program A Journey through Aesthetic Realms. You may also download multilingual editions of The Key of Immediate Enlightenment Sample Booklet, or download or subscribe to The Supreme Master Ching Hai News available in eBook or printable format, or simply browse the sites' contents online.











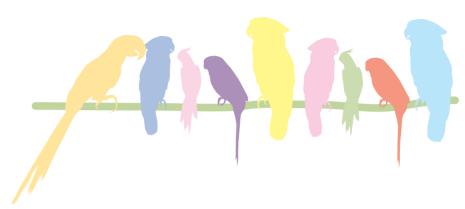
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"Your love and dedication will flower more enjoyment in the garden of the heart."

~ Supreme Master Ching Hai

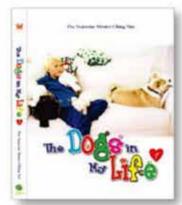












Book (1): 268 pages Book (2): 274 pages Size: 21cm x 28cm

66 I hope to let the readers enjoy some glimpse of the beautiful ways that dogs walk the Earth with us, and through them, understand more about other beings.

~ Supreme Master Ching Hai

### Available online at Amazon.com



The Dogs in My Life(1)

http://www.amazon.com/dp/9866895076/



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In the newly released The Dogs in My Life (Volumes 1 & 2), the first publication lovingly written and personally designed by Supreme Master Ching Hai, readers will re-discover the simplicity of love and rejoice in the sincerity of friendship, as exhibited by the 10 canine friends, with names like Benny, Lucky, Happy, Goody, and Hermit. Learn about the Scholar, Fruity, Princissa, Chip Ahoy, the Shadow Hunter, and others; listen to their engaging tales. They all have diverse life stories and distinctive personalities, yet their devotion for their "human pet" is unequivocal, and their humor, intelligence and many other noble qualities are truly from the same source.



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No more killing Be healthy and loving

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Almonds, walnuts, cashews, hazel nuts, pine nuts, etc.	14 - 30 %
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Leonardo Da Vinci (Italian painter), Ralph Waldo Emerson (US essavist, and poet), George Bernard Shaw (Irish writer), John Robbins (US writer), Mark Twain (US writer), Albert Schweitzer (German philosopher, physician, musician), Plutarch (Greek writer), Voltaire (French writer), Sadegh Hedavat (Iranian novelist). Etc.

#### Scientists, Inventors & Engineers

Charles Darwin (British naturalist), Albert Einstein (German Scientist), Thomas Edison (US scientist/inventor), Sir Isaac Newton (British scientist), Nikola Tesla (Serbian-American scientist/inventor), Henry Ford (US Founder of Ford Motors). Etc.

#### Politicians, Statespersons and Activists

Susan B. Anthony (US leader of Woman's Suffrage movement), Mahatma Gandhi (Indian Civil Rights leader), Coretta Scott King (American Civil Rights activist and leader, wife of Dr. Martin Luther King Jr.). President Janez Drnovsek of Slovenia, Dr. A. P. J. Abdul Kalam (President of India), Dr. Manmohan Singh (Prime Minister of India), Dennis J. Kucinich (US Congressman), Etc.

#### Actors, Film stars & TV Stars

Pamela Anderson (US actress), Ashley Judd (US actress), Brigitte Bardot (French actress), John Cleese (British actor), David Duchovny (US actor), Danny Devito (US actor), Cameron Diaz (US actress), Richard Gere (US actor), Daryl Hannah (US actress), Dustin Hoffman (US actor), Katie Holmes (US actress), Steve Martin (US actor), Demi Moore (US actress), Ian McKellen (British actor), Tobey Maguire (US actor), Paul Newman (US actor), Gwyneth Paltrow (US actress), Joaquin Phoenix (US actor), Steven Seagal (US actor), Brooke Shields (US model/actress), Jerry Seinfeld (US actor), Naomi Watts (US actress), Kate Winslet (British actress), Etc.

#### Pop stars & Musicians

Joan Baez (US folk singer), George Harrison (British musician, member of the Beatles), Paul McCartney (British musician, member of the Beatles), Ringo Starr (British musician, member of the Beatles), Bob Dylan (US musician), Michael Jackson (US pop star), Morrissey (British singer), Olivia Newton John (British-Australian singer), Sinead O'Connor (Irish singer), Pink (US singer), Prince (US pop star), Justin Timberlake (US pop singer), Tina Turner (US pop star), Shania Twain (Canadian singer), Vanessa Williams (US pop singer), Etc.

#### Sports Personalities

Billie Jean King (US Tennis champion), Bill Walton (US Basketball player), Carl Lewis (US 9-time Olympic Gold-Medalist in Track & Field), Edwin C. Moses (US 2-time Gold-Medalist in Track & Field), Elena Walendzik (German Boxing champion), Alexander Dargatz (German Athlete, Body-building champion, physician), Etc.

Christie Brinkley (US supermodel), Christy Turlington (US supermodel), Etc.

And the list goes on...http://AL.Godsdirectcontact.org.tw/vg-vip

#### Recommendations from Readers Worldwide

Ph.D. Chia-Fu Chou, biophysicist, Arizona State University, USA: From a biophysicist's perspective, there is enough evidence to show that all living beings, down to single cells, can communicate at least among the same species in response to environmental changes, despite the fact we still do not fully understand the languages they use.

In her newly published book, the Supreme Master Ching Hai reveals that, to our surprise, a human being can have direct communications with other animal friends living on earth, in this case, her adopted birds. She demonstrated the 'codes' of communicating with these lovely birds: simply by warm hugs, intimate dialogues, and hearted cares. This revelation raises an age-old question: What is the common spirit of all living beings? We still have a long way to go to address this question by current science practices. This book now provides a stimulating way to look at it again...

#### Ben Kong, Buddhist monk, Korea:

The birds in my life. my most beloved in heaven and earth. While you are chirping, my ears move. While you are singing, my heart dances, and I forget who I am. You are a blessing from God. Because of vou. I begin to treasure the value of life. I don't know how to say "Thank you," except to show you my love. This book is steeped in love and the meaning of life. I'm grateful for the friends God gave us.

#### Hiroko Ichiba, creative education designer, Japan:

Let me join your rainbow world. Let me see the vast sky, through your baby-like eyes. Oh! The cutest friends, God made you with all glory. Let me fly with your wings of light.. Let me sleep in your innocent dream.

"The Birds in My Life" Global Readers' Comments from Amazon.com

\*\*\*\*\* "Renewed hope!", Actress Marian Hailey-Moss - New York, USA: When I opened the book, I had wings; When I read the book, I soared;

When I closed the book. I had renewed

hope for our world.

#### \*\*\*\*\* "This book brings us a wealth of insights with profound feelings to the nature of birds", Chrystal:

I feel that I am lucky to have read this book. Among the twenty two species of birds, some are given individual names with special meanings. For example, Brighty, Sunny, and Cheery are the names given to the birds so that they could enjoy a life full of happiness and good spirits. Free Joy is always excited about life whereas Mei Mei was given this name because of her quality of intelligence. Each species has its own characteristic.

I hope that more people will read this very beneficial and valuable book, The Birds in My Life. If you are thinking about buying a good book for your collection or as a gift to your children, or family members, I highly recommend this book.

#### \*\*\*\* "A great gift for those with birds as pets", Jennifer L:

This book reveals how each bird has its own character and personality. They are intelligent beyond our imagination. They can express very well their feelings and thoughts. They are amazing and loving creatures. This is a must have book for those with birds as pets.

#### \*\*\*\*\* "A beautiful journey", Matts118:

A beautiful journey into the minds and souls of God's feathered creations. The book is full of color; each page is like a piece of art. Thank you.

#### \*\*\*\* "The Birds in My Life", LT - San Jose, California, USA

The book The Birds in My Life written by Supreme Master Ching Hai is a beautiful book that brings readers into a different dimension, one of love and joy. Love is not limited to human beings but extends to other creatures that also walk the same planet. Feelings of joy arise, as each character in the book touches your heart and fills you with laughter. This is a beautiful book and Master Ching Hai is an amazingly, beautifully loving lady. These books are truly enjoyable to read by all ages. I would recommend everyone to add them to their home library.

#### \*\*\*\*\* "Living in the Light", S. Meissner:

It's a great book to give to everyone on your gift list for the holidays, especially for kids. My daughter loves it!!

#### \*\*\*\* "Touches my heart!", "Galax" - Victoria, Mexico:

The book The Birds in My Life written by the Supreme Master Ching Hai touches my heart, really! You must read it and enjoy it.

#### \*\*\*\*\* "Great gift for the holidays", Miyune - USA:

It's worth your money! The photos are high quality. There are very cute poems which are very easy to understand, yet in-depth. There is a unique story on each bird's life, personality and the message it wants to bring to humankind.

#### \*\*\*\*\* "Marvels!", Linda G. - Illinois, USA:

The Birds in My Life is truly an eye opener for modern readers. It unveils the secret of the birds' inner world and we see them as soulful beings, with raw emotions and divine dignity. It helps bridge the connection between humans and feathered friends like the Native Americans, or our ancestors, used to have. It's truly a precious gift from an enlightened being to this world.

# \*\*\*\*\* "Don't miss such a beautiful and colorful book!", Jun - Hong Kong:

It is amazing to have a book like The Birds in My Life by the Supreme Master Ching Hai. I really felt the depth of understanding of how they felt and perceive the world that I had never known before.

#### \*\*\*\*\* "Good for my daughter", Jean Tomlin - New Mexico, USA:

I love this book! It's so interesting and full of love. My daughter loves it too! She said that it is her best birthday present!

#### \*\*\*\* "Birds in My Life", Ron - Corona, California, USA:

This is a wonderful book. This book crosses the bridge between human and birds. Supreme Master Ching Hai shows us the human sides of these birds. Each bird has their own personality. Each bird has longings and feelings just like us. I really recommend this book to everyone I know. People of all ages can enjoy this book.

# \*\*\*\*\* "Very interesting to read, to know and to learn about birds", T.N. - Houston, Texas, USA:

I loved this book. I enjoyed reading it very much. It is very helpful for those who want to know about the world of birds, as I did. Through this book, I understand more about birds' lives and their habits. In short, I strongly recommend reading this interesting book.

#### \*\*\*\* The book, "The Birds in My Life", Minhuy - Tampa, Florida, USA:

The book The Birds in My Life written by the Supreme Master Ching Hai is very beautiful, colorful and attractive. The special love between Supreme Master Ching Hai and the birds in this book touched my heart very much. I don't have any dog or bird in my house. Maybe I will keep this book in my life because I love the Supreme Master Ching Hai and these Birds.

#### \*\*\*\* "Wow! Bird poet!", "Golden Age Light" - Texas, USA:

This book really opens my eyes and heart to the inner beauty and intelligence of the lovely birds. The poem by Laguna (the bird poet) is simply marvelous, and cute too! She describes the author's hair as "golden feather..." Kids and anyone with a young heart will fall in love with this book. Highly recommended: The Birds in My Life!

#### \*\*\*\* "Fabulous book for young or old", Rui Wang:

All of our family members love this book. This book has been my youngest son's favorite night time story book. He is in kindergarten now; he could read most of the books. He keeps reading it again and again. I love this book not only because of its richness in color, but most importantly, its loving, compassionate message that the book conveys. Every time I read it, I feel lots of love filling my heart.

Absolutely, it is one of the best books for parents to share with our children.

To read these and more inspiring reviews by readers of The Birds in My Life and The Dogs in My Life, please visit www.amazon.com.







## Inspired by the birds Compiled by: Supreme Master Ching Hai

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If you have pets, try to "listen"; they will lead you into their world, guarded secretly since the beginning of creation!

I wish we could all understand others like birds, and treat them as we would ourselves...

They are so sensitive in their emotional relationships, and in the atmosphere they are surrounded with. Their companion and friends mean a lot to them, sometimes as life itself, their loyalty is so incredible! They suffer loss and sorrow much like we do.

All who have birds should consider their feeling and have respect for their dignity and love.

The Supreme Master Ching Hai